



CRITERION 7

7.2: Best Practices

7.2.1 Q₁M: Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual.

Response:

Best Practice I

1. Title of the Practice: Academic Book for student's in Teaching and Learning process.

2. Objectives of the Practice:

Academic Book for students in teaching and learning process will be suitable to

1. Give openings for scholars to “learn how to learn”.
2. Maximize individual literacy growth, attainment and enhancement in results.
3. Figure positive station for learning and coverage of the right content at the right depth.
4. Give support in enjoying of knowledge and understanding of the course.

3. The Context

1. It was anatomized that scholars were unfit to get proper structure of the Course.
2. It was bent to give overall study material to scholars with Course Structure and Course perpetration.
3. Academic Book includes Evaluation guidelines as per university for internal and external assessment, Course Structure, Syllabus Course Outcomes, Programme Outcomes, Programme Specific Outcomes, Mapping of Course Outcomes and Programme Outcomes with justification,



Teaching Plan, Class test, Assignments, Question bank, Question Papers of University.

4. This helped scholars to overcome their difficulties in understanding the Course and recover their confidence and interest in literacy.

4. The Practice

Academic Book is the tool which has been effectively stationed for tutoring and literacy of scholars in council. The Academic book is prepared with an end of “learn how to learn”. Academic book is arranged, finalized and published before the launch of semester. Academic Book is circulated to scholars through Social Media and Library. It provides the information of individual Courses in the semester. It serves as an effective tool in enjoying of introductory knowledge and appreciation understanding of the course. This practice enables scholars to get advanced information of the lecture and scholars find sufficient time for reference and tone- study. This will stimulate interactive literacy and also promote better understanding, deep sapience and in depth of knowledge of the subject. The scholars nurture tone- literacy, enhance the position of understanding. It involves the creation of a literacy terrain in which scholars are encouraged to suppose precisely, critically and express their studies, which they wish to defy and resolve difficulties rather than buff over them, it involves constantly covering and reflecting on the processes of tutoring and pupil understanding and seeking to ameliorate them.

5. Evidence of Success:

The practice for scholars has worked well for individual literacy growth, attainment and enhancement in University results. Positive station for learning and Coverage of the right content is in right depth. The scholars have developed analytical skills, cognitive skills and an ingrain passion for literacy. The below practice has given a boost for the nonstop enhancement of the academic results to give authentic relations between the faculty and the scholars.



6. Problems Encountered and Resources Required:

Problems Encountered: Due to change in University pattern and syllabus the faculty needs to take additional efforts to design the academic book.

Resources Required: Resources were used from College Library, Question Papers of Internal and External Exam etc.

Best Practice II

1. Title of the Practice: Women empowerment to create power in students over their own lives, society and in community.

2. Objectives of the Practice:

Women Empowerment will be able to:

1. Give self- confidence, self- defense, self- determination and positive attitudinal change.
2. Develop competent and socially sensitive women druggist committed to healthcare requirements of society.
3. Help them to be truly ambitious and to dream for their betterment.
4. Strengthening legal systems aimed at elimination of all forms of demarcation against women's.
5. Punctuate the significance of spirituality, health, hygiene and safety. Inculcate entrepreneurial station among youthful girls, scientists at the foremost so that they can be "job providers" rather than "job campaigners".

3. The Context

1. It was profound that woman should be empowered as per need to develop them in moment's world.
2. Empowered women define their station, values and geste in relation to their own real interest.
3. The practice was initiated to raise self - esteemed and self - confidence of women to exclude all forms of violence against women's.
4. Fostering decision timber and their participation in all walks of life.



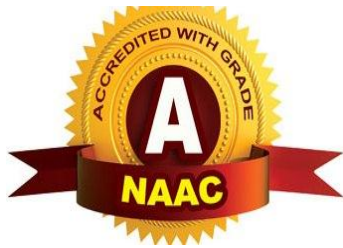
4. The Practice

1. In order to empower Women under pupil development cell organizes Nirbhay Kanya Abhiyan, Nirbhaya programme, International womens day festival etc.
2. Students perform the activities under Corporate Social Responsibilities like Say no to plastic, Say No to Tobacco, Tree Plantation, Cleanliness awareness, endowment to village people and village schools sensitize students about their role as responsible women of today by participating in NSS camp.
3. Scholars are involved in National Pharmacy Week programme like Debate, Rangoli, Elocution, Drawing, Essay, Pharma marketing competition, Sports. These leads to emotional, intellectual, social, and inter-personal development of women.
4. Spiritual practices and yoga has stoked the attention power which is putatively redounded in boost up of University ranks.
5. Lectures on women safety are also conducted. The girl scholars are assured of their well- being, safety, security and internal health and are encouraged to approach any faculty for their grievances.
6. Educational and motivational addresses and events have been engaged to make them know their significance as a druggist in the society.
7. Efforts are taken by the entire council staff and operation to feed to the shaping of the future of scholars in a distinctive manner by furnishing them platform to show their gift and bring out their scientific and specialized capabilities along with cultivating a genuine inclination towards advanced education.

5. Evidence of Success:

The scholars who enter the Pharmacy education get converted into competent professionals with advanced personality traits.

The change in the geste & communication of the scholars from first time to final time is an ample evidence for the success of the programs being organized. Scholars are signed and are set up to be progressing well in top



companies. They achieve more respect and confidence by their benefactions to their communities. Holistic development rather than only academic success contributes in creating socially sensitive individualities which is a prominent demand of educational institute.

6. Problems Encountered and resources required:

Motivation & encouragement through awards and prizes. The college has to manage within the revenue from student's admission and deficit being met by the college management.



A handwritten signature in purple ink, appearing to read 'Pravara'.

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2	Scheme For Internal And End Semester Examinations
3	Syllabus
4	Lesson Plan
5	Course delivery, Objectives, Outcomes
6	Question Bank
7	University Question Papers
❖ WOMEN EMPOWERMENT / DEVELOPMENT	
1.	Outcomes of Women development cell 2023-24
2.	Constitution and Meeting of Women Development cell 20.07.2023
3.	Women development cell Policy Document
4.	International women's day celebration 08.03.2024 - Seminar on: Empower Her Mind – Mental strength for modern women
5.	National Girl Child Day celebration 24.01.2023
6.	Field visit at Sai Dwarakamai Agarbatti Plant and Pravara Pencil Unit 05.12.2023
7.	Seminar on Women Health and Ayurveda 01.12.2023
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10.	Seminar on Women safety and Laws 16.10.2023
11.	Elocution Competition 05.01.2024



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WOMEN DEVELOPMENT CELL ACTIVITIES 2023-2024





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OUTCOMES OF WOMEN DEVELOPMENT CELL

2023-2024

- The Women Development Cell of the College is responsible for promoting general well-being of the female students, teaching and non-teaching staff of the college.
- The Cell undertakes various awareness programs such as gender sensitization, women rights and women empowerment in the college campus.
- The output of Women Development Cell is that the college campus is free from gender discrimination and it is ensured that every women feels safe, respected and empowered to excel in her academic pursuits. Thus there is the promotion of culture of respect and equality within the college.
- Conducting the programs like women safety and laws promotes awareness about gender equality and women's rights amongst student and staff.
- The Cell serves as a safe place for ladies to voice their concerns and seek support.
- The cell provides counselling to the students on personal, academics and professional issues.
- This cell also focuses on the health and hygiene of the women.
- Organization and celebration of National Girl Child Day, International Women's Day promotes Women Empowerment.
- Programs like wealth awareness makes a women aware of her money and the way she utilizes and invests it for her secure future.
- The workshops and the training programs empower the women skills like leadership, self-defense.
- Visit to the manufacturing plants completely operated by women encourages the girls and staff for entrepreneurship skills within them.
- The programs like Nirbhay Kanya Abhiyaan creates social awareness about the problems of the women and in particular regarding gender discrimination.





Women Development Cell Policy Document

Preamble:

The Women Development Cell has been constituted to develop to develop a congenial environment to contribute in the growth of women. The cell empower women and develop a kind of personality and confidence through knowledge sharing and training programs.

The main objective of the cell is to improve women's sense of self worth, making women aware of their rights to have and to determine choices, their rights to have access to opportunities and resources, their rights to have power to control their own rights both in and outside home.

Applicability:

The policy shall extend and apply to Girl students, employees of the campus and women in general.

Objectives :

The objectives of the women development cell shall be:

1. To provide a safe, and happy environment for the girls and women employees.
2. To make women aware of their social and legal rights and thus empower them to stand against any discrimination.
3. To develop personality and incubate leadership quality in women leading to a fulfilling lives.
4. To organize activities and programmes to achieve the above said objectives.

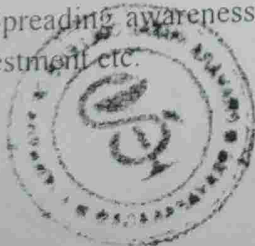
Definitions

- A. "Cell"- means Women Development Cell constituted under the provisions of these guidelines.
- B. "Employee" means every person in the employment of the Pravara Rural College of Pharmacy to which these guidelines are applicable, including any teaching/non-teaching staff or officers, temporary, part time, and visiting persons, visiting faculty members engaged in any duties .
- C. "Student" includes any person who is enrolled for any course with the University to which these guidelines are applicable includes B. Pharm, M.Pharm students.

Policy Content and Guidelines

The main functions shall include:

1. Organizing workshops and seminars that will result in women empowerment of both within the campus and outside the campus.
2. Spreading awareness about issues affecting women like health and fitness, finances and investment etc.





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Student Notice

Date: 7/9/2024

women's day notice.pdf
 1 page • 196 kB • PDF



15:25

Prof Poyai Nikhil Vikhe
 Forwarded



EmpowHer Mind - Mental Strength for Modern Wo...
 Course Details 1. This is a sp...
docs.google.com

Dear Wise Women,

Mentally Stressed with daily pressures?

Celebrate this **International Women's Day** by putting yourself **FIRST!**

Join our Mind Management Session (FREE):

"EmpowHer Mind- Mental Strength for Modern Women"

on **March 8th at 7 to 8 PM IST**



WOMEN DEVELOPMENT CELL

INDEX

Sr. No.	Name of the Event	Date
1	Constitution of Women Development Cell	20/07/2023
2	Meeting of Women Development Cell	4/10/2023
3	Financial Education and Awareness Seminar	14/10/2023
4	Seminar on Women Safety and Laws	16/10/2023
5	Women 's Health and Ayurveda	1/12/2023
6	A field visit to Sai Dwarkamai Agarbatti Plant	5/12/2023
7	A Field Visit to Pravara Pencil Plant	5/12/2023
8	State Level Inter collegiate Elocution Competition	5/01/2024
9	Celebration of National Girl Child Day	24/01/2024
10	Nirbhay Kanya Abhiyaan	22/02/2024
11	Celebration of International Women's Day	8/03/2024





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3. Assisting Cell for Prevention of Sexual Harassment (CPSH) for dealing with complaint and conducting an inquiry.

4. Monitor the timely conduction of activities under WDC.

Composition of WDC

The composition of WDC shall be as under:

Sr No	Position
1	Chairperson
2	Ladies Staff
3	Ladies Staff
4	Ladies Staff
5	Ladies Staff
6	Non teaching staff
7	External Teaching Representative
8	Girls representative
9	Girls representative
10	Girls representative
11	Girls representative

Meetings:

The Committee will meet at least four times a year. The chair of the Committee may convene additional meetings, as he/she deems necessary.

- A minimum of 4 members of the Committee will be present for the meeting to constitute a quorum.

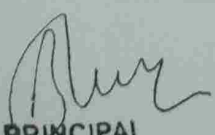
Execution of Activities:

- A minimum of 4 activities (Workshops/Seminars/Awareness Camps/Training Programmes) will be conducted in an academic year.

- The activity will be planned and executed by WDC, supported by Department Coordinators.

- A detailed report of each activity will be documented.




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- Women Development Cell(WDC) seeks the participation of both male and female students taking part in NCC, NSS and other activities , for prevention of sexual harassment of women.
- The Institute recognizes and celebrates achievements of women in academics, sports and other areas.
- Conducting these programs under Women Development Cell contribute to the overall development of Girls and Women in the college, leading to a more



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Date 22/01/2023

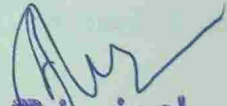
NOTICE

All the Students are hereby informed that the celebration of 'National Girl Child Day' has been planned on 24/01/2023 afternoon for Students.

Time: 3:30pm

mode: online




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(Dr. Sanjay Bhawar)



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Date 22/01/2023

CIRCULAR

All the Staff are hereby informed that the celebration of 'National Girl Child Day' has been planned on 24/01/2023 afternoon for Students.

Time: 3:30pm

mode: online

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(Dr. Sanjay Bhawar)





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Report ON

“The celebration of NATIONAL GIRL Child DAY”

Topic: “A Guest Lecture”

Speaker: **Dr. Akshata Ganesh Shinde**
(M.B.B.S., D.C.H., Consultant Pediatrician and Neonatologist)

Date: 24 January 2024

Venue: Online (Zoom cloud meeting app)

Class: - B.Pharm & M.Pharm Students

Organized by:

Pravara rural college of pharmacy, Loni

A/P:- Loni Bk, Tal: Rahata, Dist:- A.Nagar, 413736

Primary Objective of the Event:

1. To Provide support and opportunities to the girls of India.
2. To focus on the issue of Gender Inequality.




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3. To focus on several areas related to legal rights, education. Medical care , marriage etc.
4. To increase the consciousness of the people and offer new opportunities to the girl child in the society.
5. To ensure that the girl child should get all their human rights, respect and values in the country.

Details of the session:

The session started with introduction of Chief Guest Dr. Akshata Ganesh Shinde (M.B.B.S. ,D.C.H., Consultant Pediatrician and Neonatologist), by Prof. Dr. Sunayana Vikhe. All the teaching staff and students of Third & Final Year B.Pharm/M.Pharm were present for the same through Zoom meeting app.

Details of the Event:

1. The event was organized by the Women Development Cell of the College.
2. Dr. Akshata started with the greetings of the Day. She said that every child in the country may be a boy or a girl is important and are the future of the country. Girls should be treated equally and should get all the opportunities in our society for the welfare of the nation.
3. She focused on other issues like importance of education in the life of a girl. She said that the world needs a strong women, the women who can lift and build others, who will love and will be loved.
4. She explained the importance of Health and Nutrition for a women. All should have a proper diet which is rich in protein, calcium, vitamin D, iron, carbohydrates, dairy products, whole grains, fruits, vegetables. and to run behind dieting and weight losing.
5. She said that it is only a healthy women who can fulfill her multiple roles. Because a well nourished women are better able to provide themselves, their children and their families.
6. She also said that women are more likely to suffer from nutritional deficiencies than men for reasons like women reproductive biology, low social status, poverty and



- lack of Education. Adolescent girls are particularly vulnerable to malnutrition because they are growing faster than at any time after their first year of life. They need proteins, iron and other micro nutrients to support the adolescent spurt growth and meet the body's increased demand for iron during menstruation.
7. She conducted an inspiring session on the nutrition and health of Girls
 8. Prof.K.V.Dhamak proposed the vote of thanks.

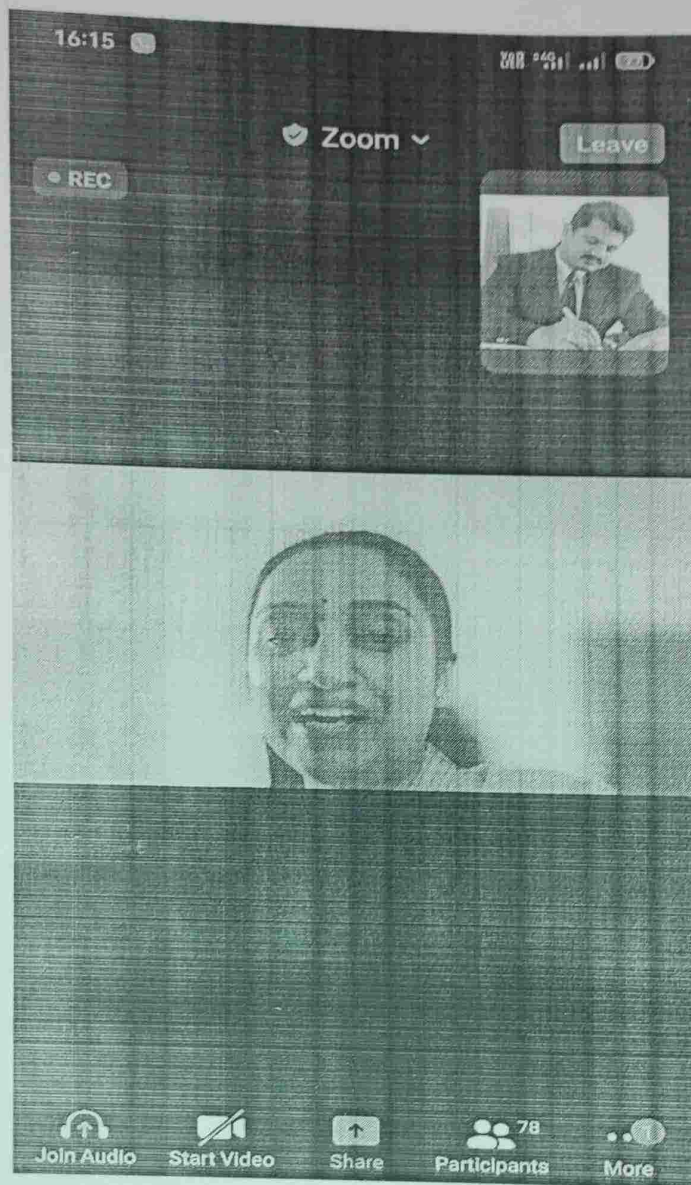
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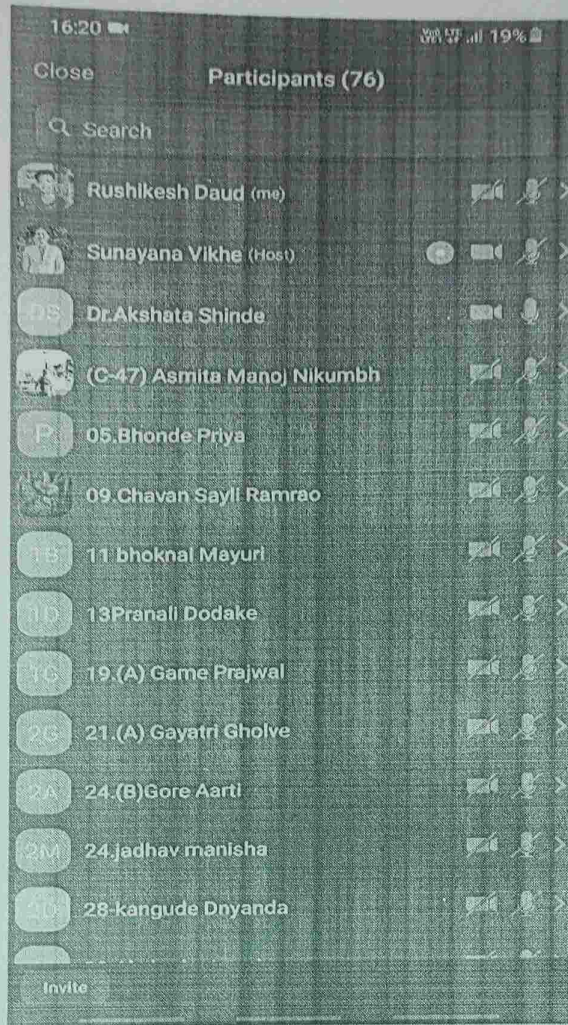
Number of students:76

Number of stakeholders:02

PHOTO GALLERY









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Date: 20/07/2023

OFFICE ORDER

To,
The Women Development Cell,
PRCOP, Pravaranagar
Sub: Constitution of the Women Development Cell.

All the following staff members are here by informed that you are being appointed as members of The Women Development Cell which is constituted as below.

Sr. no.	Name of member	Designation
1	Dr.Sanjay Bhawar	President
2	Mrs Dhamak Kavita	Co-ordinator
3	Mrs Hemlata Bhawar	Member
4	Mrs. Sunayana Vikhe	Member
5	Ms. Rajashree Ghogare	Member
6.	Mrs. Vandana Badhe	Non Teaching
7.	Ms Shrutika Vikhe	Student representative
8.	Ms Neha Survase	Student representative
9.	Miss Swapnali Gaikwad	Student representative
10.	Miss. Abhidnya Iyer	Student representative
11.	Miss. Cholke Samiksha	Student representative

Copy to IQAC

- 1.Dr.Sanjay Bhawar
2. Mrs Dhamak Kavita
3. Mrs Hemlata Bhawar
4. Mrs. Sunayana Vikhe
5. Ms. Rajashree Ghogare

6. Mrs. Vandana Badhe
7. Ms. Neha Survase
8. Ms Shrutika Vikhe
9. Miss Swapnali Gaikwad
10. Miss. Abhidnya Iyer
11. Miss. Cholke Samiksha



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Women Development Cell"/ "Women Empowerment Cell"
2023-2024

Sr.No.	Name	Designation
1	Dr.Sanjay Bhawar	President
2	Mrs Dhamak Kavita	Co-ordinator
3	Mrs Hemlata Bhawar	Member
4	Mrs. Sunayana Vikhe	Member
5	Ms. Rajashree Ghogare	Member
6	Mrs. Vandana Badhe	Non Teaching
7	Ms Shrutika Vikhe	Student representative
8	Neha Suravase	Student representative
9	Ms. Swapnali Gaikwad	Student representative
10	Miss. Abhidnya Iyer	Student representative
11	Miss. Cholke Samiksha	Student representative

Role and Responsibilities:

1. To Empower Girl Students, conduct different activities to increase strength and knowledge of girls.
2. To develop multidisciplinary approach for the overall personality development.
3. To build a gender sensitive campus.





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Date: 20/07/2023

CIRCULAR

All the Staff are hereby informed that the meeting on constitution of "Women Empowerment Cell has been planned today afternoon for Students.

Time: 2:00pm

Venue: Seminar Hall, Pravara Rural College of Pharmacy, Pravaranagar.

Sr. No	Agenda
1	To constitute the Women Development Cell in the College
2	To look further for arrangement of programs under the cell
3	Any other matter with permission of chair




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(Dr. Sanjay Bhawar)
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Date: 20/07/2023

NOTICE

All are Students are informed that the meeting constitution of "Women Empowerment Cell has been planned today afternoon for Students.

Time: 2:00 pm

Venue: Seminar Hall, Pravara Rural College of Pharmacy, Pravaranagar

Agenda of the meeting:

Sr.No.	Agenda
1	To constitute the Women Development Cell in the College
2	To look further for arrangement of programs under the cell
3	Any other matter with permission of chair


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(Dr. Sanjay Bhawar)



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Date:20/07/2023

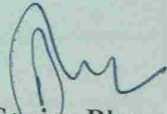
Minutes of Meeting

The "Women Empowerment Cell" has been arranged and taken on 20/07/2023 for the Girl Students at 2:00 pm in the Seminar Hall.

Following points were discussed as per agenda.

1. The Co-ordinator of the cell welcomed the Ladies staff and the Girl students.
2. The Girls were explained the meaning and duties and roles and responsibilities of the cell.
3. The girls were asked for their interest to be the members of the cell.
4. Many girls were eager for the participation in the cell.
5. At last the cell was constituted by taking one girl student from each class.
6. The planning for various programmes were done by the cell.
7. The girls were asked for any problems faced by them in the college.
8. Mrs. Dhamak K.V. expressed the vote of Thanks.




(Dr. Sanjay Bhawar)
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Date 3/10/2023

NOTICE

All the Students are hereby informed that the meeting of "Women Development Cell" has been planned on 4 October afternoon for the Girl Students.

Time: 2:00pm

Venue: Seminar Hall, Pravara Rural College of Pharmacy, Pravaranagar

Agenda of the meeting:

Sr.No	Agenda
1	To discuss about the programs to be conducted by the cell
2	To look into complaints received from girl students




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Date 3/10/2023

CIRCULAR

All the Staff are hereby informed that the meeting of "Women Development Cell" has been planned on 4 October afternoon for the Girl Students.

Time: 2:00pm

Venue: Seminar Hall, Pravara Rural College of Pharmacy, Pravaranagar

Agenda of the meeting:

Sr.No	Agenda
1	To discuss about the programs to be conducted by the cell
2	To look into complaints received from girl students




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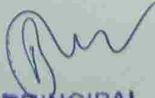
Date: 4/10/2023

Minutes of Meeting:

1. The members of the Women Development Cell were present for the meeting in the seminar hall.
2. The coordinator of the cell welcomed the gathering.
3. The meeting started with the discussion of any issues of the girls
4. The Hostel In charge then discussed the problems faced by the girls in the hostel.
5. Mrs Vikhe S.V. the Hostel In charge told about the quality of the food served in the hostel and the complaints of the girls.
6. Then the problem regarding the cleanliness of the washrooms was discussed.
7. The Hostel watchman had complained that a single girl does the sign of her friends in the entry register and outgoing register.
8. It was also decided to conduct a seminar on women safety and laws in the next week for the awareness of the girl students.

Action Taken:

1. The Principal Sir decided that each ladies staff will visit the Hostel mess daily and have lunch there.
2. The Cleaners were informed to look into the cleanliness of washrooms and that the washrooms should be cleaned twice daily.
3. Sir strictly informed the Girls that they have to individually make their entries and that no any complaint in the future should be received.
4. Principal Sir gave approval for conducting a session on Women Safety and Laws.


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Name of the event: women development cell meeting

4 Oct 2023

Sr.No	Name of the Student	Class	Sign
1	Tambe Rupali Nanasahab	F.Y.B.	Tambe
2	Bankar sanika Ajit	F.Y.B.	Bankar
3	Dhawale Arti Ashok	F.Y.B.	Dhawale
4	Tapale saloni sahebroo	F.Y.B.	Tapale
5	cholke Anuja sanbosh.	F.Y.B.	cholke
6	cholke Akanksha	F.Y.B.	cholke
7	prachi Bhujbal	F.Y.B.	Prachi
8	Manisha dhumase	F.Y.B.	Manisha
9	Rokade Diksha	F.Y.B.	Rokade
10	Karbhaj Tahni	F.Y.B.	Karbhaj
11	siddhi salpure	F.Y.B.	Siddhi
12	Gaytri more	F.Y.B.	Gayatri
13	Rindhe Jaishnavi	F.Y.B.	Rindhe
14	Khairnar Shweta	F.Y.B.	Khairnar
15	Mahale Priyanka	F.Y.B.	Mahale
16	Ghode vaishali	F.Y.B.	V. G. Ghode
17	sejal Wagheshri	F.Y.B.	Sejal
18	Araadhana Patole	F.Y.B.	Araadhana
19	Priyanka Nawale	F.Y.B.	Priyanka
20	Ekam Gayatri	F.Y.B.	Gayatri
21	Patphade Vaishnavi	F.Y.B.	Vaishnavi
22	Bhandate sakshi	F.Y.B.	Sakshi
23	Naikwade suvarna	F.Y.B.	Naikwade
24	Pardeshi vrushali	F.Y.B.	Vrushali
25	shinde Nikita	F.Y.B.	Nikita
26	Sapate Rutika	F.Y.B.	Rutika
27	Tribhan Akanksha	F.Y.B.	Akanksha
28	Lahamage samiksha	F.Y.B.	Lahamage
29	vike vaishnavi	F.Y.B.	Vaishnavi
30	kirti Shelke	F.Y.B.	Kirti





PRAVARA RURAL EDUCATION SOCIETY'S
PRAVARA RURAL COLLEGE
OF PHARMACY
LONI

Name of the event: Women Development cell meeting

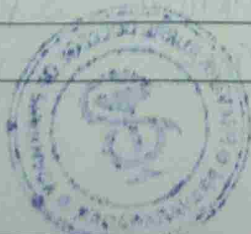
Sr.No	Name of the Student	Class	Sign
42	Gunjal Vaishnavi Ashok	SYB	Gunjal.
43	Musmade Aditi Kisan	SYB	Aditi
44	Shelke Apurva Balasaheb	SYB	Shelke
45	Nagare Rutuja Shivaji	SYB	Ragae
46	Patil Bhakti Pradip	SYB	Patil
47	Tathe Geeta madan	F.Y.B	Tathe
48	Taru Rutuja Chandrakant	F.Y.B	Rutuja
49	Rathod tanvi Dyaneshwar	F.Y.B	Rani
50	Patole Siddhi Yogesh	F.Y.B	Patole
51	Ingale Yogita Sanjay	F.Y.B	Ingale
52	Dalvi Devyani Shirish	F.Y.B	Dalvi
53	Gadekar Sanjana shantaram	S.Y.B	Gad
54	Aher shreshth Rajendra	S.Y.B	Aher
55	Saindar smushti vasant	S.Y.B	Saindar
56	Jadhav Rajnandini Ramesh	F.Y.B	Jadhav
57	Kolkar Akanksha Laxman	F.Y.B	Kolkar
58	Anathe Tej Kailas	S.Y.B	Anathe
59	Nazmeen salim shaikh	S.Y.B	Nazmeen
60	Gaiwal Sanika Dadasaheb	S.Y.B	Gaiwal
61	Gire Nishigandha Ramprasad	S.Y.B	Gire
62	Varade smriti Ashok	S.Y.B	Varade
63	Vadak Prachi Anasaheb	S.Y.B	Vadak
64	Thele Sayali Sanjay	S.Y.B	Thele
65	Bhalerao Sanjana Raju	S.Y.B	Bhalerao
66	Kharde Prajakta Sanjay	S.Y.B	Kharde
67	Dhokane Chaitali Babasaheb	S.Y.B	Dhokane
68	Shinde Samruddhi Rajendra	S.Y.B	Shinde
69	Shinde Siddhi Somnath	S.Y.B	Shinde

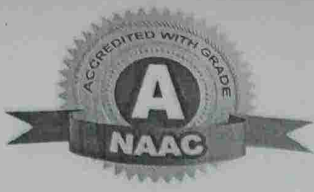




Name of the event: Women Development cell meeting
4 0 4 2023.

Sr.No	Name of the Student	Class	Sign
70	Gaikwad Rina vijay	S.Y. B.	Rina
71	Jamdhade Mansi sachin	S.Y. B	Mansi
72	Hajare Jyoti Ansyabapu	S.Y. B	Hajare
73	Dongare Shejal Prabhakar	S.Y. B	Shejal
74	Jamdhade Rutuja shirish	S.Y. B	Rutuja
75	Javade Jyoti shirishankar	S.Y. B	Jyoti
76	Bagade Ashwini sutesh	S.Y. B	Ashwini
77	Honde Sayale Shankar	S.Y. PharmD	Sayale
78	Chaudhari Pooja Samir	S.Y. P.D	Pooja
79	Wadekar Samiksha Saini	S.Y. P.D	Samiksha
80	Chavan Sakshi kondiram	S.Y. B	Sakshi
81	Ablinay Vishikumar Jyoti	S.Y. PharmD	Ablinay
82	Vyawahare Gayatri Sanjay	S.Y. PharmD	Gayatri
83	Aukifa Radheshyam Jadhav	S.Y. PharmD	Aukifa
84	Lisha Prasad Pillai	S.Y. PharmD	Lisha
85	Ritika Yogesh Khade.	S.Y. PharmD	Ritika
86	Zite Sonali Laxman	S.Y. B. Pharm	Sonali
87	Shinde Aditi Harishchandra	S.Y. B. Pharm	Aditi
88	Wagh Mayuri Bhausaheb	S.Y. B.	Wagh
89	Tambe Tanushka Nandasheb	S.Y. B. P.	Tambe
90	Sonawane Pratiksha Prastant	S.Y. B. P.	Pratiksha
91	Lahamaye Samiksha Nannath	F.Y. B.P	Samiksha
92	Pathe vaishnavi chandrashekar	F.Y. B.Phrm	Vaishnavi
93	Boza Nena Shyam	S.Y. mph	Boza
94	Bhayat Jyoti	S.Y. mph	Jyoti





PRAVARA RURAL EDUCATION SOCIETY'S
PRAVARA RURAL COLLEGE
OF PHARMACY
LONI

Date: 13/10/2023

Student Notice

All the Girl Students are hereby informed that the "FINANCIAL WELLNESS ENHANCEMENT SEMINAR-WOMEN EMPOWERMENT" has been planned for the Ladies Staff and Girls by the Women Development Cell .

Date: 14/10/2023

Time: 12:00 am to 1:00 pm and 3-4 pm

In charge:

Mrs. Dhamak K.V.

PRINCIPAL

Principal

Pravara Rural College of Pharmacy
Pravaranagar, A/p. Loni- 413 736





PRAVARA RURAL EDUCATION SOCIETY'S
PRAVARA RURAL COLLEGE
OF PHARMACY
LONI

Date: 13/10/2023

Staff Circular

All the staff are hereby informed that the "FINANCIAL WELLNESS ENHANCEMENT SEMINAR-WOMEN EMPOWERMENT" has been planned for the Ladies Staff and Girl Students by the Women Development Cell .

Date: 14/10 /2023

Time: 12:00 am to 1:00 pm and 3-4 pm

In charge:

Mrs.Dhamak K.V.



PRINCIPAL

Principal

Pravara Rural College of Pharmacy
Pravaraganagar, A/p. Loni- 413 736



PRAVARA RURAL EDUCATION SOCIETY'S
PRAVARA RURAL COLLEGE
OF PHARMACY
LONI

A REPORT ON

A SEMINAR ON EDUCATION TOWARDS THE NATION

“FINANCIAL EDUCATIONAL AND AWARENESS SEMINAR-WOMEN EMPOWERMENT”

Date :14 Oct 2023.

Mode: Online


Time : 12:00-1:00 pm and 3:00-4:00 pm

Organized by:

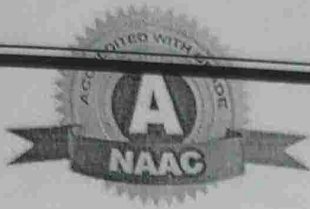
PRAVARA RURAL COLLEGE OF PHARMACY, LONI

A/P:- LONI BK, TAL: RAHATA, DIST:- A.NAGAR,413736




PRINCIPAL
Pravara Rural College of Pharmacy
Pravar Nagar, A/p. Loni-413719

Page 1 of 9



Key Benefits of the Program:

Participants in the financial awareness program can learn about important financial concepts, such as compound interest, diversification and risk management, which can help them make informed decisions about their money and also increase financial literacy.

1. Earn powerful principles to achieve your financial goals and discipline.
2. To enable the participants to manage their basic education of wealth.
3. To make people aware about the financial planning components.
4. To make people understand how to choose the right financial asset classes according to their financial risk profile.

Details of the session:

The Financial Wellness Enhancement Seminar was conducted by online mode on 14 October 2023 Saturday in two sessions at 12-1 pm and 3-4 pm. The session of 12 pm was conducted by Mrs. Gauri Geet Mam for the female teaching and non-teaching staff and the Girl students of the college. The session was introduced by Mrs. K.V.Dhamak, co-ordinator of Women Empowerment Cell. Principal Dr. Bhawar Sir welcomed the speaker and explained the importance of financial management. The Second session from 3-4 pm was conducted by Mr. Rahul Shukla Sir. Both the sessions had good attendance.

Details of the Event:

1. Mrs. Gauri Geet discussed about the poor financial wellness of the





students and the professionals. She talked the effects of lack of financial education in the schools.

2. She explained what is financial wellbeing. She explained short, medium and long term of financial goal setting.
3. This program offered holistic support and advice to employees so they can meet short-term needs while working toward long-range goals.
4. Mr. Rahul talked about various investment instruments., Equity Investments in Mutual Fund route. He Gave various tips for first time Investors.
5. He also talked about the rights of the investors.
6. The speaker talked on how a high level of financial wellness gives employees the ability to make better, more informed decisions and manage a successful long- term strategy. When employees have a comprehensive understanding of their finances, they can create effective strategies for dividing and potentially automating their paychecks between bill, savings, investments and other commitments.
7. The webinar was designed to help faculty and staff improve upon healthy financial habits, overall financial literacy, investing and saving goals, proper financial insurance protection, and retirement income security.
8. The speakers interacted with staff and students and made them aware that how to develop skills sets for getting jobs, management of money, investment plans in business: How wealth is important where to invest money. The students have exhibited enthusiasm in learning and upgrading their awareness.





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9. The purpose of webinar is to enrich knowledge on wealth awareness. Employees will be equipped with the skills, knowledge and tools necessary to develop and support successful financial outcomes. In fact, studies show that people who regularly plan ahead for emergencies and other irregular expenses are 10 times more likely to be considered financially healthy than those who don't, regardless of income or other demographics.

10. Finally at the end Mrs Kavita Dhamak Incharge Women Empowerment cell gave the vote of thanks.

Metrics:

Number of staff and students: 99 students session I

50 in session II

PHOTO GALLERY





12:27 12:28

Close Participants (99) REC

Search

- K Kavita Vikhe (me)
- Team Advisors (Host)
- GG Gauri Geet (Co-host)
- PG Punam Ghorpade
- AG Aarti Gore
- A Abhinaya Iyer
- AS Aditi Shinde
- AS Afroznaaz Shaikh
- AP Akanksha Pansare
- AP Anjali Pawar
- AJ Ankita Jadhav
- AP Ankita Pawar

Invite

POOR FINANCIAL WELLNESS OF PROFESSIONALS STARTS WITH LACK OF FINANCIAL EDUCATION IN SCHOOLS

Students often do not discuss finances at home.

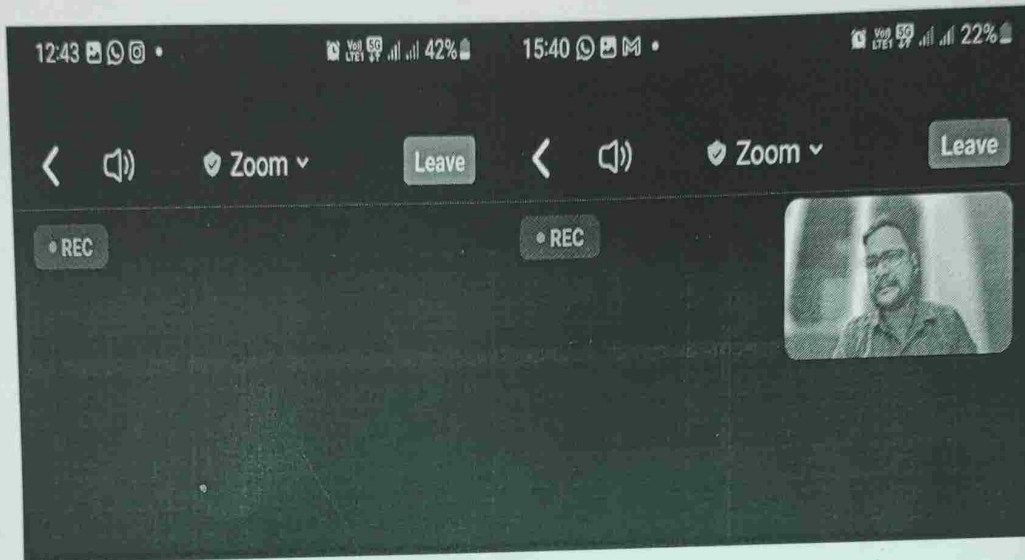
Old curriculums does not include financial education

Young adults are learning the important habit of saving and financial planning

BSE

Gauri Geet's screen





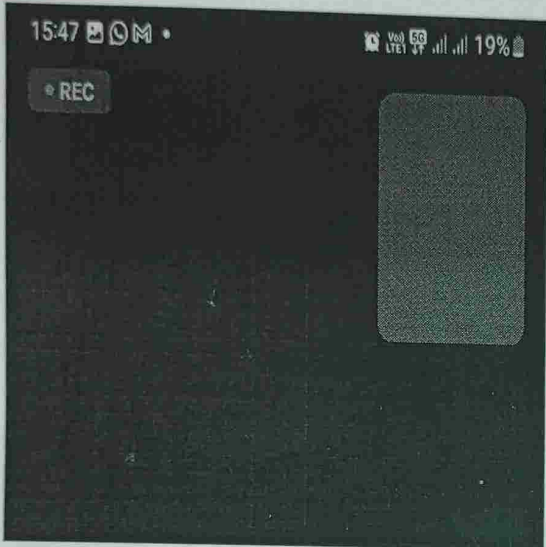
Primary vs Secondary Markets

Features	Primary Market	Secondary Market
Definition	Securities issued first time to public	Trading of already issued and listed securities
Also called as	New issue market	Post issue market
Price determination	By issuer/ Company in consultation with Merchant Bankers	By supply and demand forces of the market
Key intermediaries	Merchant Bankers and RTAs	Stock Brokers and DPs
Purpose	Raise capital for expansion, diversification, etc	Trading of securities Providing liquidity to investors Raising further capital for expansion

Tips for First Time Investors

- Fix an investment goal
- Choose the right fund type
- Shortlist and choose one mutual fund
- Diversify your portfolio
- Go for SIPs instead of lump-sum investments
- Keep KYC documents updated
- Open a Net Banking Account
- Seek advice from a mutual fund expert





15:48 19%

Close Participants (50)

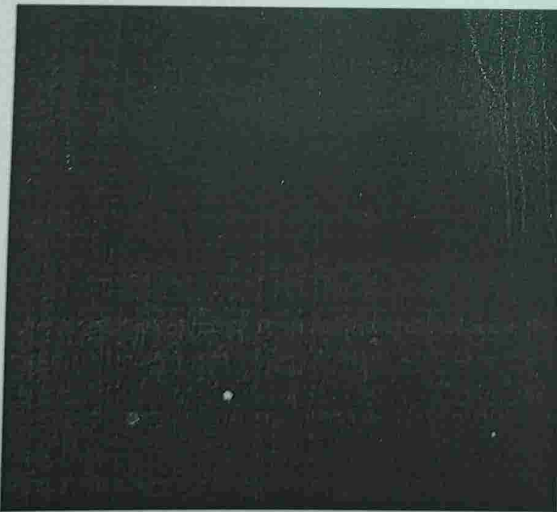
Search

- KV Kavita Vikhe (me)
- Team Advisors (Host)
- RS Rahul Shukla (Co-host)
- AS Aditi Shinde
- AJ Ankita Jadhav
- AP Ankita Pawar
- AS Apurva Shelke
- AN Asmita Nikumbh
- BP Bhakti Patil
- DR Dighe Rajashree
- DJ Divya Jadhav
- GV Gavhane Vaishnavi

Invite

Know your Rights

- As a shareholder, you are part-owner of the company
- Right to receive all corporate benefits whenever declared
- Right to receive Annual Reports, Audited Financial Statements
- Right to receive notices of General Meetings and other notices
- Right to attend company meetings
- Right to contribute in key corporate governance meetings through postal ballot / e-voting
- Right to raise grievances, if any, against the company (using SCORES, etc)





PRAVARA RURAL EDUCATION SOCIETY'S
PRAVARA RURAL COLLEGE
OF PHARMACY
LONI

Date 16/10/2023

CIRCULAR


All the Staff are hereby informed that the Women Development Cell has scheduled a Seminar on Women Safety and Laws today 16 October 2023, for the Ladies Staff and Girls of the College.

Time: 11:00PM and 12:00 PM

Mode: Offline

Venue: Seminar Hall




Principal
Pravara Rural College of Pharmacy
Pravaranagar, Loni - 413 736

Dr. Sanjay Bhawar



PRAVARA RURAL EDUCATION SOCIETY'S
PRAVARA RURAL COLLEGE
OF PHARMACY
LONI

Date 16/10/2023

NOTICE


All the Students are hereby informed that the Women Development Cell has scheduled a Seminar on Women Safety and Laws today 16 October 2023, for the Ladies Staff and Girls of the College.

Time: 11:00PM and 12:00 PM

Mode: Offline

Venue: Seminar Hall




Principal
Pravara Rural College of Pharmacy
Loni, Maharashtra - 431 736
PRINCIPAL

Dr. Sanjay Bhawar



PRAVARA RURAL EDUCATION SOCIETY'S
PRAVARA RURAL COLLEGE
OF PHARMACY
LONI

A Report ON

A SEMINAR ON 'WOMEN SAFETY AND LAWS' for girls
by the women development cell.

Date : 16 Oct 2023.

Mode: Offline

Time : 11:00-12:00 pm

Organized by:

Pravara rural college of pharmacy, Loni

A/P:- Loni Bk, Tal: Rahata, Dist:- A.Nagar, 413736



1. A session on Women Safety and laws for girl students was organized by

Women Cell of Pravara Rural College of Pharmacy Pravaranagar.

2. Mrs. Kamathe Sarita Vasant BSc, LLB, LLM was the Chief Guest for the session.
3. Principal Dr. Bhawar Sir welcomed the guest with felicitation.
4. Mrs. Sarita started with discussing the current status of women in India. That, Women safety in India is widely discussed everywhere nowadays. It has now become a major issue. The crime rate is on the spike. Women are neither safe outside nor at home.
5. However, this fear cannot keep them away from any kind of social activity.
6. There are laws but there should be proper safety measures which we have to follow strictly to protect the women from violence. briefed students that society is very much concerned about women safety these days but foremost women should made herself strong physically and mentally to face the challenges.
7. She also stated that in India domestic abuse, sexual assault and murder are common forms of violence against women. Dowry death is an ultimate form of murder. Indians are still with the psychology that dowry is tradition and girls' fathers lose everything to pay it. Domestic violence or domestic abuse is done by one partner with the other partner in a relationship. The rate of domestic violence is increasing in India. 70% of women are victims of domestic violence. It leads to depression and suicides. It's not a direct murder but it is a cause of murder for sure. Moreover, girls are forced into marriage at a young



age. This child bride is not even mature enough to understand her responsibility. Acid throwing is a form of violent assault which ruins the beautiful girl's life. 'Cheating in a relationship' is another commonly found crime against women. A man easily breaks up with his wife and starts a new life with another bride.

8. Mrs Sarika stated that there are many places in the country where women are still not aware of some of the most basic rights that they can take advantage of in order to empower themselves. This brings us to the next thing that needs the attention of people living in our country. The most important way to ensure that women are staying safe in the country is by making sure that they are empowered on an everyday basis.
9. She also briefed that Police Department is always there to implement law & order and in case of need Police Department should be contacted immediately.
10. In continuation of this, she also informed about effective working of dial 100 number. She shared helpline numbers among girl students. Mrs. Sarita also informed that now a day's school and colleges are having Complaint Box in campus in which girl students can drop their grievances.
11. Mrs. Sarita also briefed certain points which girls should remember these days like do not share their mobile numbers with strangers, do not accept friend request of strangers, share less information on social



media, always share their whereabouts and friends' details with parents etc.

12. At the end there was a question answer round as well. Students asked their queries related to their past experiences and concern of women security which were answered by the guest.

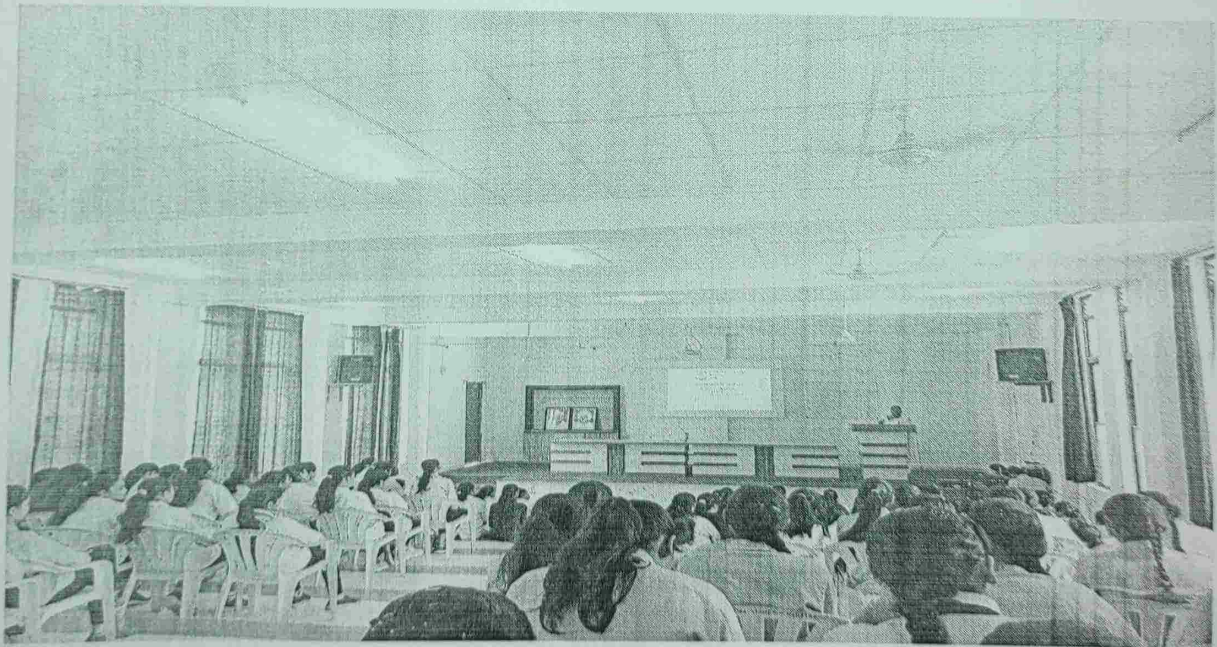
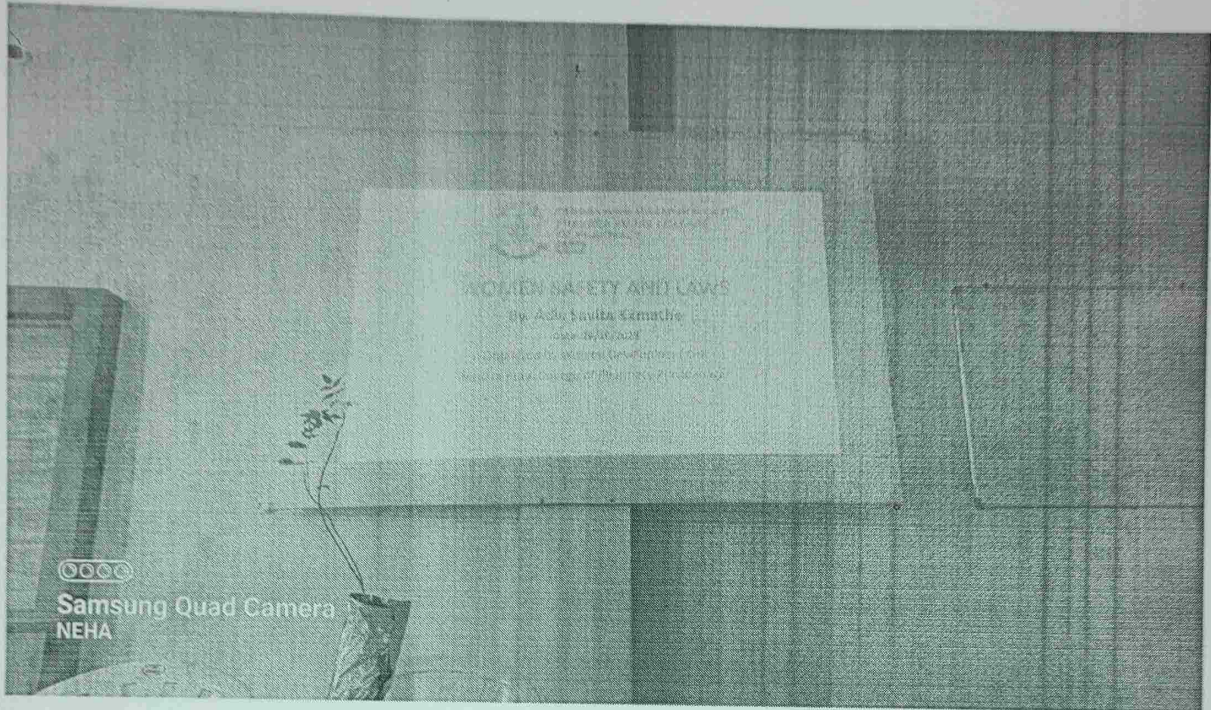
13. Finally at the end Mrs. Kavita Dhamak Incharge Women Empowerment cell Convener gave the vote of thanks.

Metrics:

Number of students: 80 students

PHOTO GALLERY

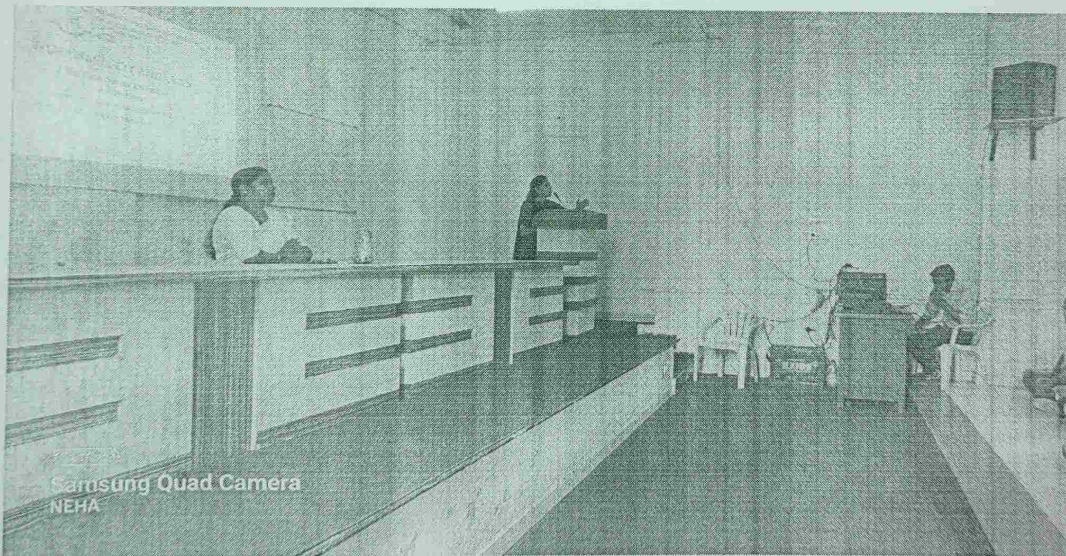




Mrs. Sarika Delivering the seminar



Felicitation of the Chief Guest by Principal Sir



Introduction of Chief Guest by Mrs. Tejal Nirmal



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PRAVARA RURAL COLLEGE
OF PHARMACY
LONI



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Samsung Quad Camera
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PRAVARA RURAL EDUCATION SOCIETY'S
PRAVARA RURAL COLLEGE
OF PHARMACY
LONI

EVENT NAME: Seminar on Women safety and Laws.

DATE: 16/10/2023

TIME: 11 am

Sr. No.	Name of the student	Sign
1	Joshi Rukuja Satish	<u>Rukuja</u>
2	Shelke Kirti Dattatray	<u>Kirti</u>
3	Shelke Sakshi Rajendra	<u>Sakshi</u>
4	Lahamoge Samiksha Navnath	<u>Samiksha N.L.</u>
5	Kuldharan Pallavi Sanjay	<u>Pallavi</u>
6	Vikhe Vaishnavi Chandrashekar	<u>Vaishnavi</u>
7	Sonavane Shreya Adik	<u>Shreya</u>
8	Palave Vaishali Namdev	<u>Vaishali</u>
9	Jondhle snehal Ramesh	<u>Snehal</u>
10	Lahamoge Tejal kiran	<u>Tejal</u>
11	Jadhav Divya Raosaheb	<u>Divya</u>
12	Muntode Mrunal Janardhan	<u>Mrunal</u>
13	Ghughe Prajakta Navnath	<u>Prajakta</u>
14	Tribhan Atanksha Anil	<u>Atanksha</u>
15	Sapte Rutika Sandip	<u>Rutika</u>



16.	Titar Kimaya mukund	<u>Patil</u>
17.	Patel saniya karim	<u>Patel</u>
18	Patil raishnavi BHaghat	<u>Patil</u>
19	Nawale priyanka balasaheb	<u>Nawale</u>
20	Patole aradhana ajay	<u>Aradhana</u>
21	Khedkar Sonu sheshrao	<u>Shhedkar</u>
22	Patil Vaishnavi Rajendra	<u>V. Patil</u>
23.	Bhagyashri Dilip Kurhe	<u>Bhagyashri</u>
24.	Naikwade Suvarna Santosh	<u>Suvarna</u>
25.	Shelar Tejaswini Kiran	<u>Tejaswini</u>
26.	Pardeshi vrushali sharad	<u>Vrushali</u>
27	Kunde Prachi chandev	<u>Prachi</u>
28	Mote Gayatri Sanjay	<u>Gayatri</u>
29	Wajali Pallavi sanjay	<u>Pallavi</u>
30	Kumatkar Rutuja Kalyan	<u>Rutuja</u>
31	Dokhe samrudhi sukhdev	<u>Dokhe</u>
32	Sonawane saloni vilas	<u>Saloni</u>
33	Chige vrushali valu	<u>Chige</u>
34	Wagheshri sejat vikesh	<u>Sejat</u>
35	shinde nikita Ranjit	<u>Nikita</u>

Sr.no	Name of Student	Sign
1)	Surawase Neha Anil	<u>Surawase</u>
2)	Tapale Saloni Sahebrao	<u>Tapale</u>
3)	Ghode Vaishali Laxman	<u>V. Ghode</u>
4)	Salpate Siddhi Ravindra	<u>Siddhi</u>
5)	Hange Shital Maharudra	<u>Hange</u>
6.	Rokade Dilsha Raju	<u>Rokade</u>
7.	Karbhal Tanvi Uttam	<u>T.U. Karbhal</u>
8.	Tambe Rupali Nanasaheb	<u>Tambe</u>
9.	Taru Rutuja Chandrakant	<u>Rutuja</u>
10.	Rathod Tanvi Dnyaneshwar	<u>Tanvi</u>
11	Ingle Yogita Sanjey	<u>Ingle</u>
12	Kolkar Akanksha Laxman	<u>Akanksha</u>
13	Tathe Geeta madan	<u>Tathe</u>
14	Jadhav Rajrandini Ramesh	<u>R.</u>
15	Pingale Sakshi Dipak	<u>S. Pingale</u>
16	chavan Reshma Keshav	<u>Reshma</u>
11	Ingle Tanuja Suresh	<u>Ingle</u>



18	Khandagale Sayli Arvind	<u>Sayli</u>
19	Warwade Prachi Hanumant	<u>Prachi</u>
20	Vaidya Pranita Karbhari	<u>Pranita</u>
21	Kanse Sakshi Santosh	<u>Sakshi</u>
22	Giawali Harshada Ramdas	<u>Harshada</u>
23	Cholke Dhanashri Sanjay	<u>Dhanashri</u>
24	Gore Arati Somnath	<u>Arati</u>
25	Shirga Inayat Sayyad	<u>Inayat</u>
26	Mayuri Rajendra Dighe	<u>Mayuri</u>
27	Jondhale Tejal Ankush	<u>Tejal</u>
28	Sakshi Uttam Mulay	<u>Sakshi</u>
29	Jondhale Nikita Machhindra	<u>Nondhale</u>
30	Vikhe Vaishnavi Parashuram	<u>Vaishnavi</u>
31	Gholke Gayatri Gunwant	<u>G. Gholke</u>
32	Shreya Sable	<u>Shreya</u>
33	Arjali Pawar	<u>Arjali</u>
34	Bhagyashri Vikh	<u>Beghi</u>
35	Trupti Somnanshi	<u>Trupti</u>





PRAVARA RURAL EDUCATION SOCIETY'S
PRAVARA RURAL COLLEGE
OF PHARMACY
LONI

Date: 30/11/2023

Circular

All the staff are hereby informed that A SEMINAR ON 'WOMEN Health and AYURVEDA by the Women Development Cell on 1 December 2023 for all the Students and Staff. Do be present for the same.

Time: 3-5 pm

Speaker: Dr.Amit Vilayate



Principal

Pravara Rural College of Pharmacy
Pravaranagar, A/p. Loni- 413 736



PRAVARA RURAL EDUCATION SOCIETY'S
PRAVARA RURAL COLLEGE
OF PHARMACY

LONI

Date: 30/11/2023

Notice

All the students are hereby informed that A SEMINAR ON 'WOMEN Health and AYURVEDA by the Women Development Cell on 1 December 2023 for all the Students. Do be present for the same.

Time: 3-5 pm

Speaker: Dr.Amit Vilayate



Principal
Pravara Rural College of Pharmacy
Pravaranagar, A/p. Loni-431736



PRAVARA RURAL EDUCATION SOCIETY'S
PRAVARA RURAL COLLEGE
OF PHARMACY
LONI

A REPORT ON

A SEMINAR ON 'WOMEN HEALTH AND AYURVEDA

BY THE WOMEN DEVELOPMENT CELL.

Date : 1 DEC 2023.

Mode: Offline

Time : 3:00-5:00 pm

Organized by:

PRAVARA RURAL COLLEGE OF PHARMACY, LONI

A/P:- LONI BK, TAL: RAHATA, DIST:- A.NAGAR, 413736



Principal
Pravara Rural College of Pharmacy
Pravaranagar, Ap. Loni- 413 736



1. A session on Women Health and Ayurveda for students on the occasion of Birthday of the Pravara Trustee Namdar Sau. Shalinitai Vikhe Patil Madam was organized by Women Cell and the NSS Cell of Pravara Rural College of Pharmacy Pravaranagar.
2. Mr. Amit Vilayate Sir BAMS AYURVEDACHARYA was the Chief Guest for the session.
3. Dr. Siddheshwar Sir welcomed the guest with felicitation.
4. Dr. Bhawar Sir Shortly briefed the importance of Ayurveda in Human Life.
5. Dr. Vilayate talked about the vital role of food in maintaining good health. He advised everyone to keep the bodies well hydrated, Have ample of sleep, he also advised to follow the routine of early to bed and early to rise, cultivate good hobbies in life like reading books, listening to some light music, setting some attainable goals in life and striving to attain them.
6. Dr. Vialyate talked about the 21st Century Women. He said that the prime concern of women is that she has to perform her duties while maintaining her health.
7. Dr. Vilayate highlighted that every women goes through a series of changes during her lifetime. The hormone level vary significantly from age to age and this may happen due to several reasons. And told that women needs special care in her different stages of life. Because the happiness of the family, the society and the nation depends upon her health.
8. He discussed about women healthcare through Ayurveda. How the Ayurveda helps to stay balanced at every age and stage of life with





the help of various charyas like Rajaswalacharya, Rutumaticharya etc.

9. He also advised the students to take out few minutes for themselves daily and do the meditation and some small and healthy exercises like walking and Suryanamaskar. He told the importance of meditation to improve the concentration in studies and memory.
10. The students and staff actively took part in the question and answer session .
11. At the end Dr. Mayur Bhosale gave the vote of thanks.

Metrics:

Number of students: ~~72~~ students

PHOTO GALLERY





PRAVARA RURAL EDUCATION SOCIETY'S
PRAVARA RURAL COLLEGE
OF PHARMACY
LONI



PRAVARA RURAL EDUCATION SOCIETY'S
PRAVARA RURAL COLLEGE
OF PHARMACY
LONI

A Seminar
on
Women Health and Ayurveda
On occasion of Birthday of Hon.Sau.Shalinitai
Vikhe Patil madam-Pravara Trustee



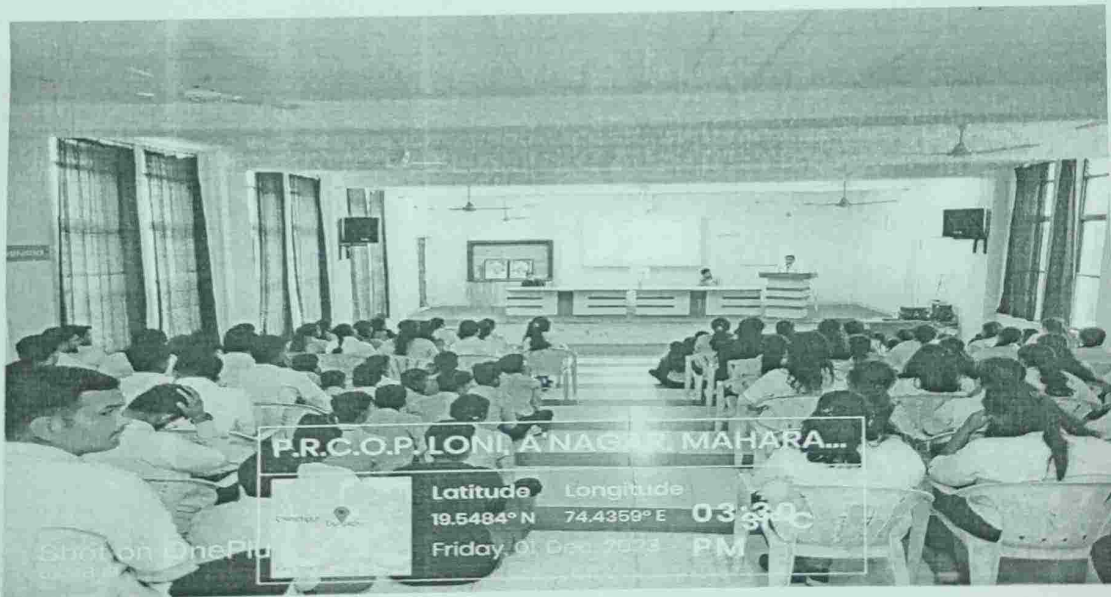
by
Dr. Amit Vilayate

Ayurvedacharya)

Date: 1 December 2023 Friday



Women Development Cell & National Service Scheme



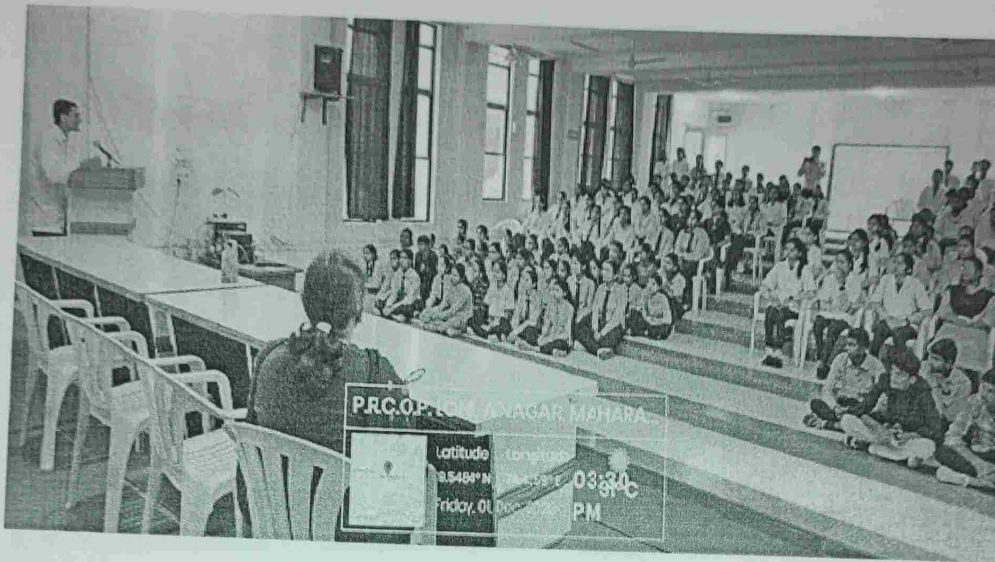
P.R.C.O.P. LONI, A NAGAR, MAHARA...

Latitude Longitude
19.5484° N 74.4359° E 03:30
Friday, 01 Dec 2023 PM





PRAVARA RURAL EDUCATION SOCIETY'S
PRAVARA RURAL COLLEGE
OF PHARMACY
LONI



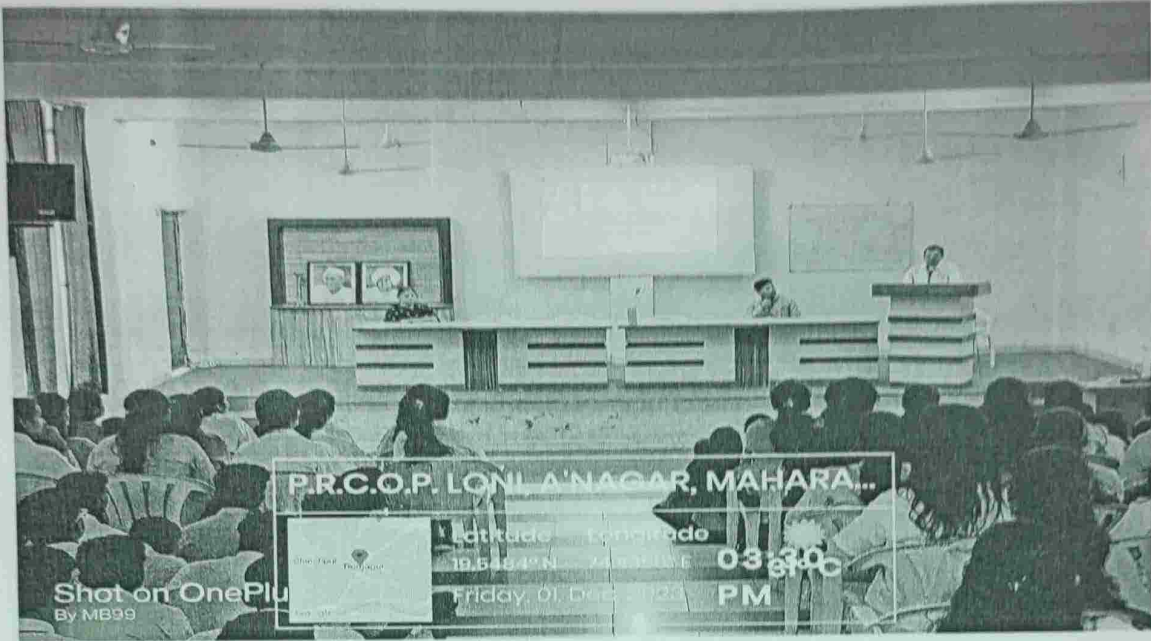
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Latitude Longitude
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Friday, 01 Dec 2023 04:30 PM



Shot on OnePlus
By MB99

P.R.C.O.P. LONI, A'NAGAR, MAHARA...
Latitude Longitude
19.5484° N 74.4359° E
Friday, 01 Dec 2023 04:30 PM

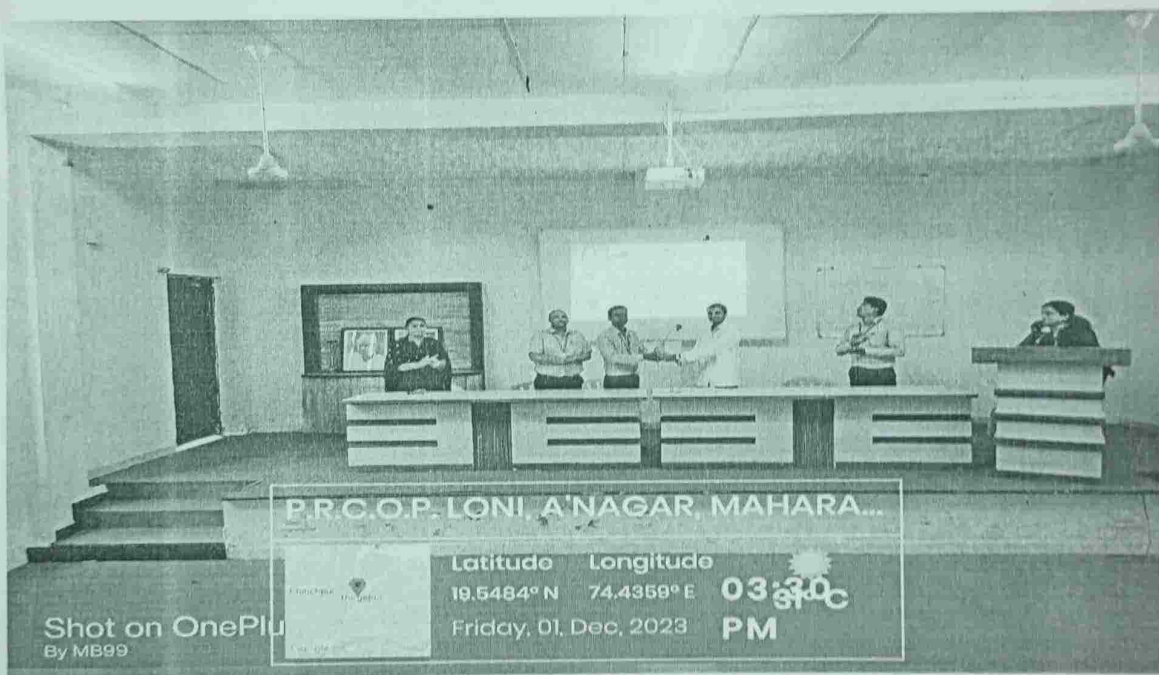




P.R.C.O.P. LONI, A'NAGAR, MAHARA...

Latitude	Longitude	
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Friday, 01, Dec, 2023		PM

Shot on OnePlus
By MB99



P.R.C.O.P. LONI, A'NAGAR, MAHARA...

Latitude	Longitude	
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Friday, 01, Dec, 2023		PM

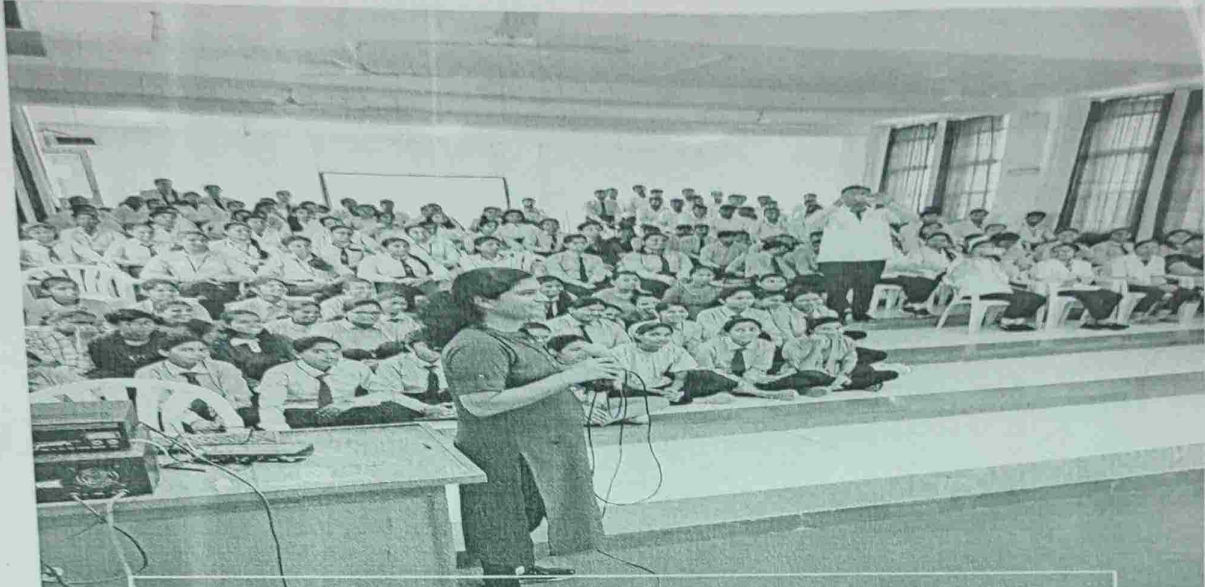
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By MB99



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PRAVARA RURAL EDUCATION SOCIETY'S
PRAVARA RURAL COLLEGE
OF PHARMACY
LONI



P.R.C.O.P. LONI A'NAGAR, MAHARA...



Latitude Longitude

19.5484° N 74.4359° E

04:39:00

Friday, 01 Dec, 2023

PM

Date: 30/11/2023





Name of the event: A seminar on women health and
Awareness (1 Dec. 2023 Friday)

Sr.No	Name of the Student	Class	Sign
1.	Pawar Ankita Rajendra	S.Y.B	<u>Pawar</u>
2.	Jadhav Teupti Annasaheb	S.Y.B.	<u>Teupti</u>
3.	Gaikwad Rina Vijay	S.Y.B.	<u>Rina</u>
4.	shinde siddhi somnath	S.Y.B.	<u>shinde</u>
5.	Chide Vaibhavi Sanjay	S.Y.B	<u>Chide</u>
6.	Saindar smushti vasant	S.Y.B	<u>Saindar</u>
7.	Gire Nishigandha Ramprasad	S.Y.B	<u>Gire</u>
8.	Burde Mansi Sanjay	S.Y.B	<u>Burde</u>
9.	Gaiwal Sanika Dadasaheb	S.Y.B	<u>Gaiwal</u>
10.	Navgire vaishnavi Nandkumar	S.Y.B	<u>Navgire</u>
11.	Kadam Sakshi Uttam	S.Y.B	<u>Kadam</u>
12.	Shinde Aditi Hanishchandra	S.Y.B	<u>Shinde</u>
13.	Bhosale pradnya Anil	S.Y.B	<u>Pradnya</u>
14.	Bodhak Snehal Asun	S.Y.B.	<u>Bodhak</u>
15.	Hajare Jyoti Ansyabapu	S.Y.B	<u>Hajare</u>
16.	Palave pallavi Dilip	S.Y.B	<u>Palave</u>
17.	wagh Mayuri Bhausaheb	S.Y.B	<u>wagh</u>
18.	Mengal Ashrini Balasaheb	S.Y.B	<u>Ashrini</u>
19.	Palve Vaishnavi Machhindra	S.Y.B.	<u>Palve</u>
20.	Chavhanke Payal Datta	S.Y.B.	<u>Chavhanke</u>
21.	Jamdhade Mansi Sachin	S.Y.B	<u>Jamdhade</u>
22.	kope sakshi Nanasaheb	S.Y.B	<u>kope</u>
23.	Nirmal vaishnavi nanasaheb	S.Y.B	<u>Nirmal</u>
24.]	Khemnar Kanchan Rabhaji	S.Y.B	<u>Khemnar</u>
25.	Moratthe Kajal Sampad	S.Y.B	<u>Moratthe</u>
26.	Solanke Geemi Eknath	S.Y.B	<u>Solanke</u>





Name of the event:-----

Sr.No	Name of the Student	Class	Sign
27	Javade Jyoti Shivshankar	S.Y.B.Pharm	Jyoti
28	Zagade Ashwini Suresh	S.Y.B.Pharm	Ashwini
29	Vadak Prachi Annasaheb	S.Y.B.Pharm	Prachi
30	Thete Sayali Sanjay	S.Y.B.Pharm	Sayali
31	Leadam Sakshi R	S.Y.B.Pharm	Sakshi
32	Nikam Kalyani Hemant	S.Y.B	Kalyani
33	Ghodke Pratiksha Mangesh	S.Y.B.Pharm	Pratiksha
34	Khaimar Sayali Sham	S.Y.B.Pharm	Sayali
35	Khopade Tanuja Tukaram	S.Y.B.Pharm	Tanuja
36	Kumhale Siddhi Prakash	S.Y.B	Siddhi
37	Chabukse Rupa Dilip	S.Y.B	Rupa
38	Sonawane Pratiksha Prashant	S.Y.B	Pratiksha
39	Dongare Sbejal Prabhakar	S.Y.B	Sbejal
40	Tambe Tanushka Nanasahab	S.Y.B.P	Tanushka
41	Dange Rajshree Rajendra	S.Y.B.P	Rajshree
42	Varade Shuchi Ashok	S.Y.B.P	Shuchi
43	Bhaterao Sanjana Raju	S.Y.B	Sanjana
44	Katane Ganesh Katane	S.Y.B	Ganesh
45	Kharde Prayakta Sanjay	S.Y.B	Prayakta
46	Ahorpade Ishwari Shrinivas	S.Y.B	Ishwari
47	Chaudhari Arti Baban	S.Y.B	Arti
48	Shekhargi Khamnar	S.Y.B	Shekhargi
49	Shelke Apurva Balasaheb	S.Y.B	Shelke
50	Geulekar Sanjay Anand	S.Y.B	Sanjay
51	Bhand Pratibha Sanjay	S.Y.B	Pratibha
52	Chavan Sakshi Kondiram	S.Y.B	Sakshi





PRAVARA RURAL EDUCATION SOCIETY'S
PRAVARA RURAL COLLEGE
OF PHARMACY
LONI

Date: 04.12.2023

NOTICE

All the students of FY D Pharm, S Y B Pharm and F Y M Pharm are informed that, we have arranged a field visit at Sai Dwarkamai Agarbatti Plant and Pravara Pencil Unit on 05/12/2023. All should present in the college for the same.

In charge: Dr. Sunayana R. Vikhe



Principal

Principal

Pravara Rural College of Pharmacy
Pravaranagar, Tal. Rahata, Dist. Ahmednagar



PRAVARA RURAL EDUCATION SOCIETY'S
PRAVARA RURAL COLLEGE
OF PHARMACY
LONI

Ref. No:-PRCOP/ESTT/2023-24/

01/12/2023

To,

The Chairman,
Sai Dwarkamai Agarbatti Plant,
Pravaranagar.

Subject- Permission for Sai Dwarkamai Agarbatti Plant Visit to the staff and students of Pravara Rural college of Pharmacy, Loni on 05/12/2023.

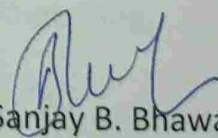
Dear Madam,

Women Empowerment cell of Pravara Rural College of Pharmacy, Loni along with students wants to visit Sai Dwarkamai Agarbatti Plant, Pravaranagar on 05/12/2023 at 11.00 am. It will be an educational visit.

Kindly permit us for the same.

Thanking You,

Yours truly,


Dr. Sanjay B. Bhawar

Principal
Principal
Pravara Rural College of Pharmacy
Pravaranagar, Tal. Rahata, Dist. Ahmednagar

Permitted





PRAVARA RURAL EDUCATION SOCIETY'S
PRAVARA RURAL COLLEGE
OF PHARMACY
LONI

Ref. No:-PRCOP/ESTT/2023-24/

01/12/2023

To,

The Chairman,
Pravara Pencil Unit,
Pravaranagar.

Subject- Permission for Pravara Pencil Unit Visit to the staff and students of Pravara Rural college of Pharmacy, Loni on 05/12/2023.


Dear Madam,

Women Empowerment cell of Pravara Rural College of Pharmacy, Loni along with students wants to visit Pravara Pencil Unit, Pravaranagar on 05/12/2023 at 11.00 am. It will be an educational visit.

Kindly permit us for the same.

Thanking You,

Yours truly,


Dr. Sanjay B. Bhawar

Principal
Principal

Pravara Rural College of Pharmacy
Pravaranagar, Tal. Rahata, Dist. Ahmednagar

permitted





PRAVARA RURAL EDUCATION SOCIETY'S
PRAVARA RURAL COLLEGE
OF PHARMACY
LONI

A

REPORT ON FIELD VISIT

ON

05/12/2023

AT 11.00 A.M. TO 5.00 PM

PLACE OF VISIT

Sai Dwarkamai Agarbatti Plant

Pravara Pencil Unit

Pravaranagar

ORGANIZED BY:

WOMEN EMPOWERMENT CELL,

PRAVARA RURAL COLLEGE OF PHARMACY, PRAVARANAGAR

A/P-LONI, TAL-RAHATA, DIST-AHMEDNAGAR



Details of the visit:

1. Inaugural

The visit was permitted by Dr.Sanjay B.Bhawar principal PRCOP Ioni along with following staff members

List of staff members

- 1) Dr. Sunayana Vikhe
- 2) Miss. Payal Gawali
- 3) Miss. Snehal Bornare
- 4) Miss. Tejal Nirmal

The student from First Year D Pharm, Second year B. Pharm and First year M. Pharm of academic year 2023-24 were present for plant visit.

2. Plant visit:

The visit was started at 11.30 am.

- Mr. Sanket, the head of the plant, gave short introduction of the whole plant and about the products which are being made in the plant.
- As this plant is dedicated to women empowerment due to that only females sale products.
- For the manufacturing of incense stick, essential oil, dhup etc. flowers are collected from Shirdi Saibaba temple.
- As brought flowers are mixture of marigold, rose, basil separated and petals are shade dried.
- By using grinder petals are converted into fine powder then separated using sieve



- By using semi-automated machine incense sticks are prepared and kept for drying and then packaging is done.
- Dhoop incense is made by hydrolic pressing,after drying packaging is done and sold by womens at Shirdi.
- Environmental friendly Ganesha is made from shadu clay.
- Chalks are made by chalk powder and water.
- Pencils are prepared by old newspaper at the back end of pencil capsule of seeds is attached.
- Room freshner candles are also prepared in this plant.
- Mr.Sanket, the head of the plant, gave short introduction of the whole plant and about the pencil products.
- As this plant is dedicated to women empowerment due to that only females sale products.
- For the manufacturing paper pencil old newspapers are collected from pravara affiliated institutes.
- Papers are sorted out according to their languages .
- Appropriate size for pencil is cut.
- Lead is sticked on piece of paper with the help of gum.
- Then paper is dipped in the water and keyy for drying about 2 days.
- Surface of pencil is made smoot with the help of machinme.
- Color is given to the pencil
- Capsule with herbal seed is affixed at the end of pencil.



Details of the Event:

- The event was very enthusiastic and energetic.
- It was an informative session.
- The students learned the process of Isolation and Characterization of Phytoconstituents by various chromatographic and spectroscopic methods.
- There was good interaction between the speaker and the students.

Metrics:

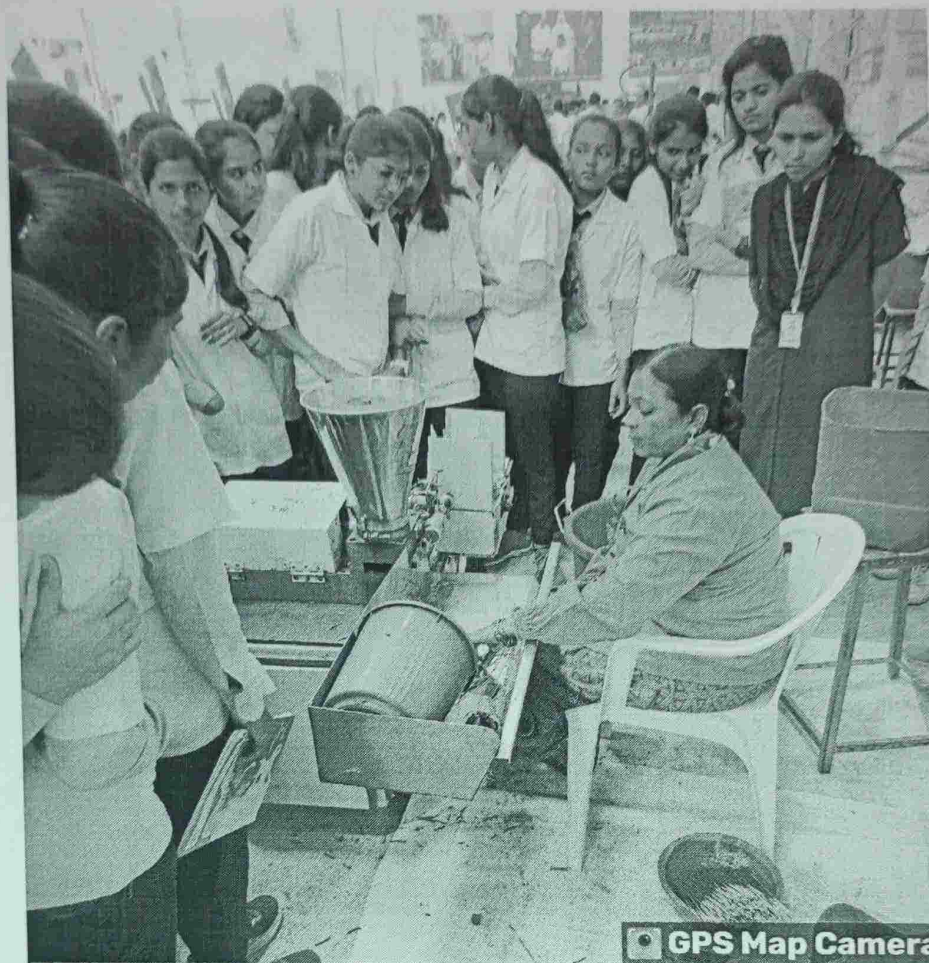
Number of students: 135

Number of staff: 04



PHOTO GALLERY





GPS Map Camera



Google

Loni Kh., Maharashtra, India

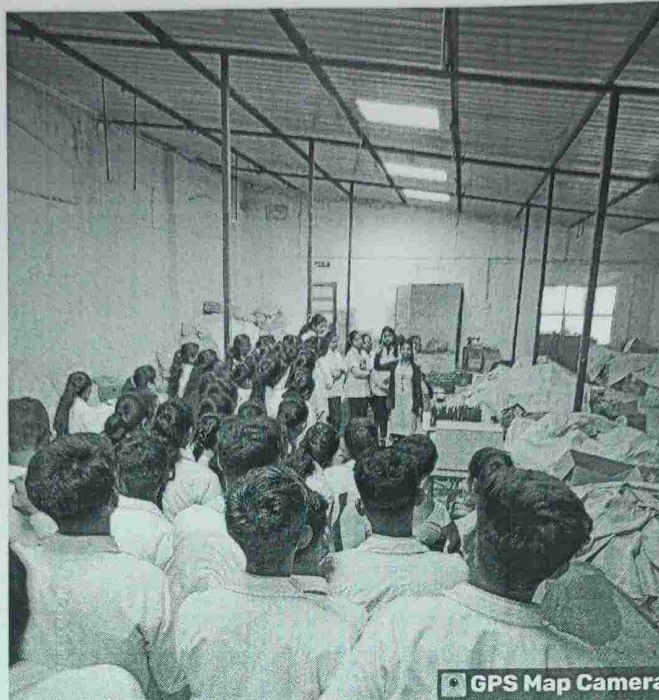
HGM2+7R5, Pravaranagar, Loni Kh., Maharashtra 413712, India

Lat 19.583177°

Long 74.502148°

05/12/23 03:52 PM GMT +05:30



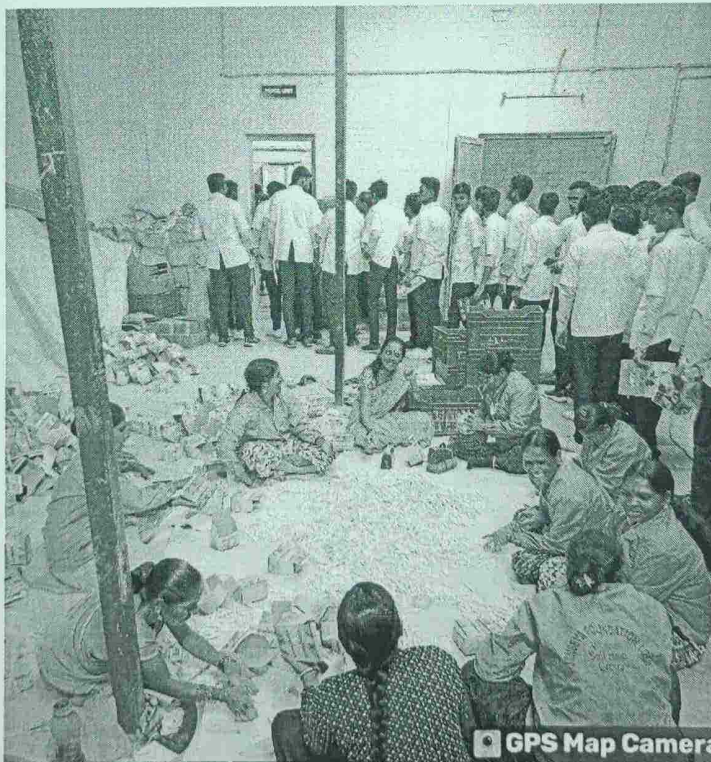


GPS Map Camera



Loni Kh., Maharashtra, India
HGM2+7R5, Pravaranagar, Loni Kh., Maharashtra 413712,
India
Lat 19.582914°
Long 74.501952°
05/12/23 03:58 PM GMT +05:30

Google



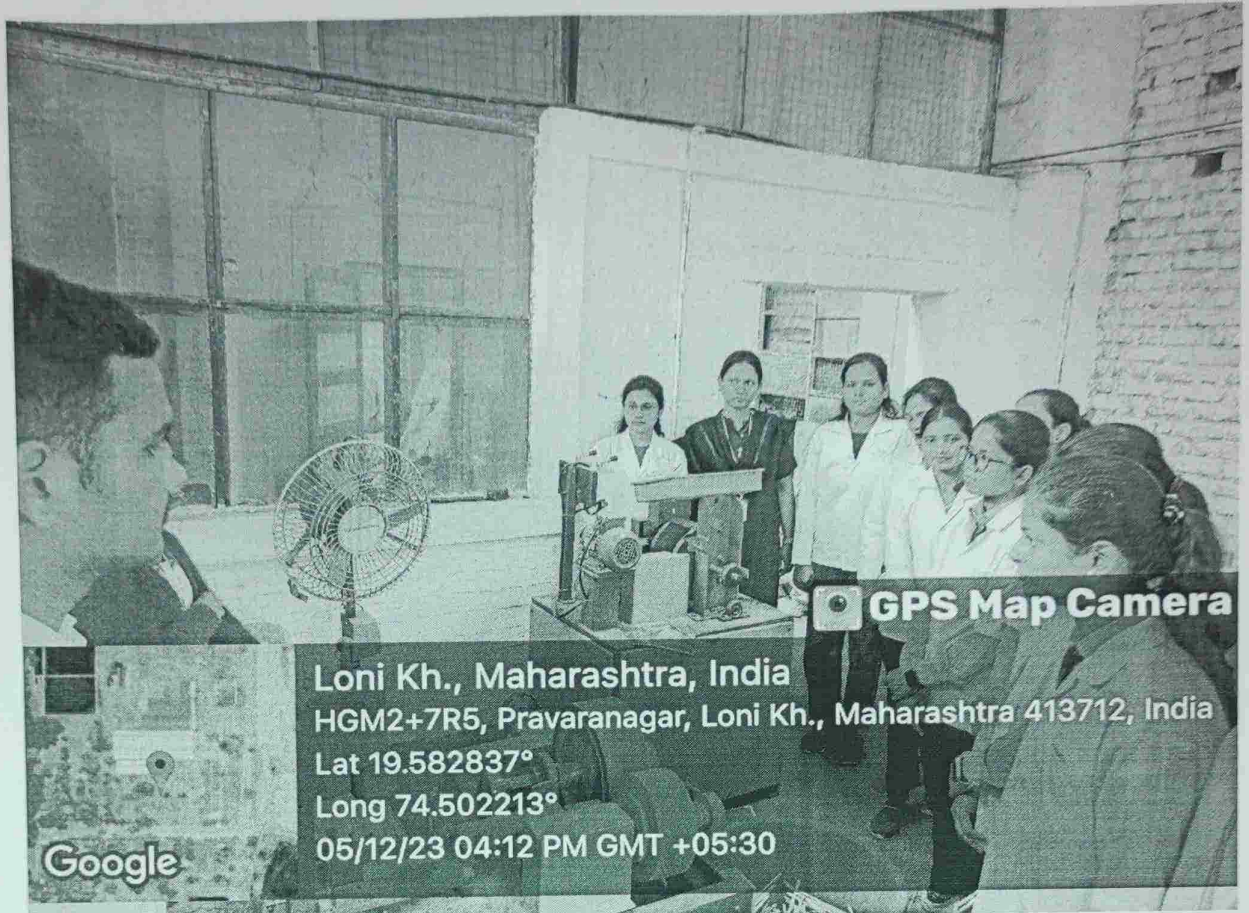
GPS Map Camera



Loni Kh., Maharashtra, India
HGM2+7R5, Pravaranagar, Loni Kh., Maharashtra 413712,
India
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Long 74.502036°
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Google

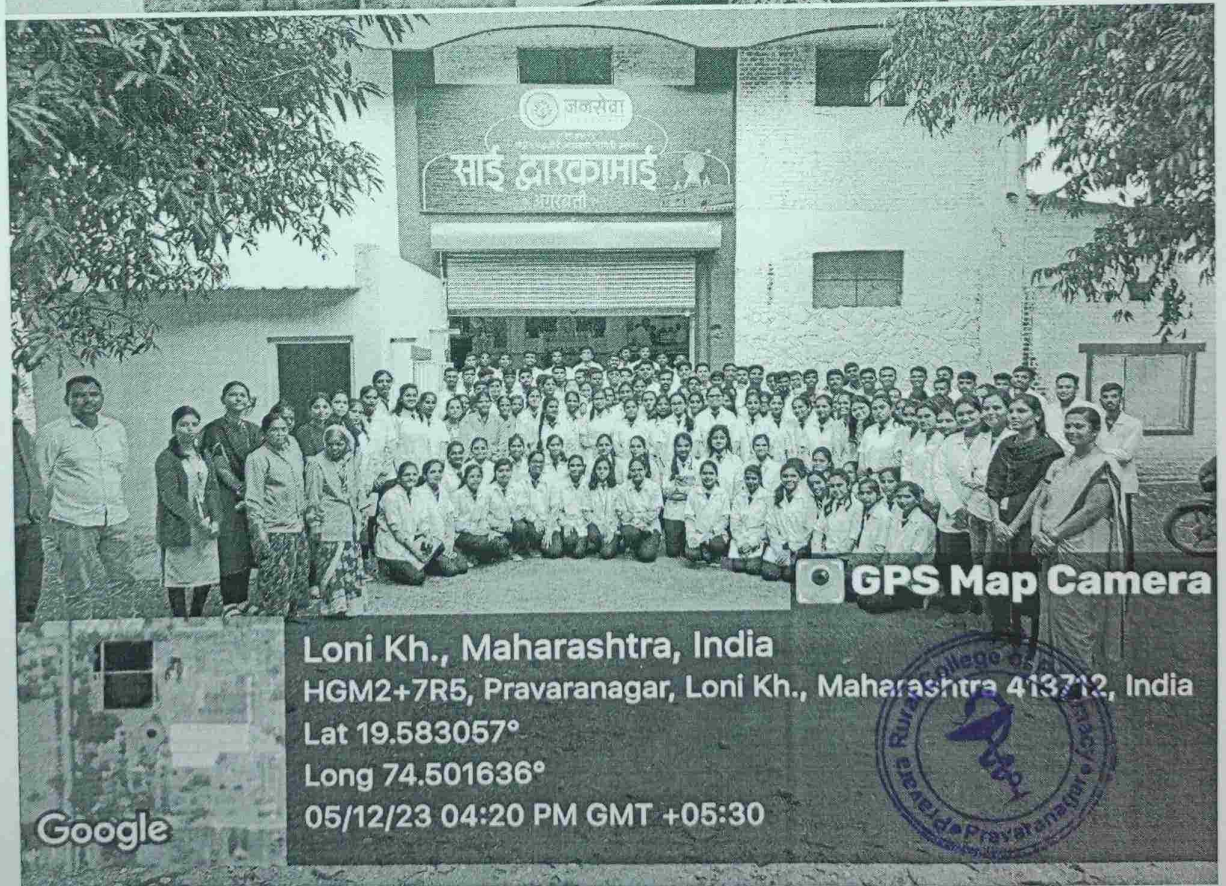




 **GPS Map Camera**

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HGM2+7R5, Pravaranagar, Loni Kh., Maharashtra 413712, India
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Long 74.502213°
05/12/23 04:12 PM GMT +05:30





 **GPS Map Camera**

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HGM2+7R5, Pravaranagar, Loni Kh., Maharashtra 413712, India
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Long 74.501636°
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PRAVARA RURAL EDUCATION SOCIETY'S
PRAVARA RURAL COLLEGE
OF PHARMACY
LONI

Date: 22/12/2023

STUDENT NOTICE

All the students are hereby informed that Pravara Women's College of Home Science and BCA have organized Elocution Competition on 5th January.

Interested students give their names for participation till 04th January.

Complete details are attached with the notice.

Incharge: Miss S.L. Bornare



Principal

PRINCIPAL

Pravara Rural College of Pharmacy
Pravaranagar, Dist. Loni-413700



Principal

Pravara Rural College of Pharmacy
Pravaranagar, Tal. Rahata, Dist. Ahmednagar



PRAVARA RURAL EDUCATION SOCIETY'S
PRAVARA RURAL COLLEGE
OF PHARMACY

Report on
"STATE LEVEL INTER COLLEGIATE
ELOCUTION COMPETITION"

Date: 05/01/2024
Title: Kartutva Shalini Vaktrutva Spardha
Organised: PRES's Pravara College of Home Science and BCA
Venue: PKVM Campus, Loni



Organized by:
Pravara Women's College of Home Science and BCA,
Loni

A/P:- Loni kd, Tal: Rahata, Dist:- A.Nagar,413736



Primary Objective of the Event:

1. The competition was organized on the occasion of Birthday of Honourable Shalinita Vikhe Patil, Former President Zilla Parishad Ahmednagar and promoter Jangeva Foundation. As she is one of the greatest motivator and role model for women this competition was specially organized for women.
2. Women empowerment is the need of the hour because it is high time we value and credit the women for their contribution and help them grow. These gender-defined roles are so narrow-minded and do not comply with modern times, where women are actually doing equally and better than men. We have to be broad-minded and accept women as our equals and not someone subversive.

Details of the Event:

Student participants of B Pharmacy, Pharm D and D Pharmacy reported at venue and registered themselves for competition.

The program was inaugurated at 11:30. Following events were conducted throughout the week. Chief Guest for the event was Mrs. Sarode Ma'am, Campus Director, PKVM, Loni

Mrs. Prof. Nawale Ma'am preceded the program. Them Principal of respective College Dr. Khaire Ma'am Gave welcome speech. Judges for the events were Professor Laxman Ghaivad, Sangamner and Professor Shashikant.

Further Participants delivered their speeches and Lastly Priza Distribution was Done.

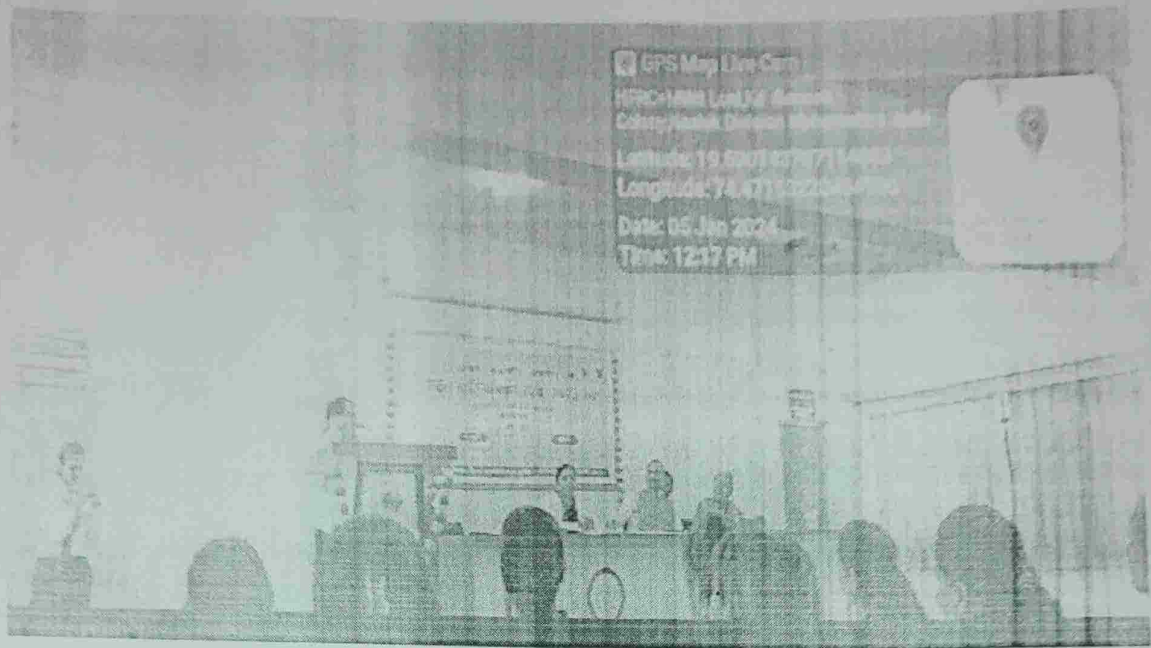
Miss. Sakshi Tambe from F Y Pharm D , PRCOP, Loni got consolation prize in the Competition.

Metrices:

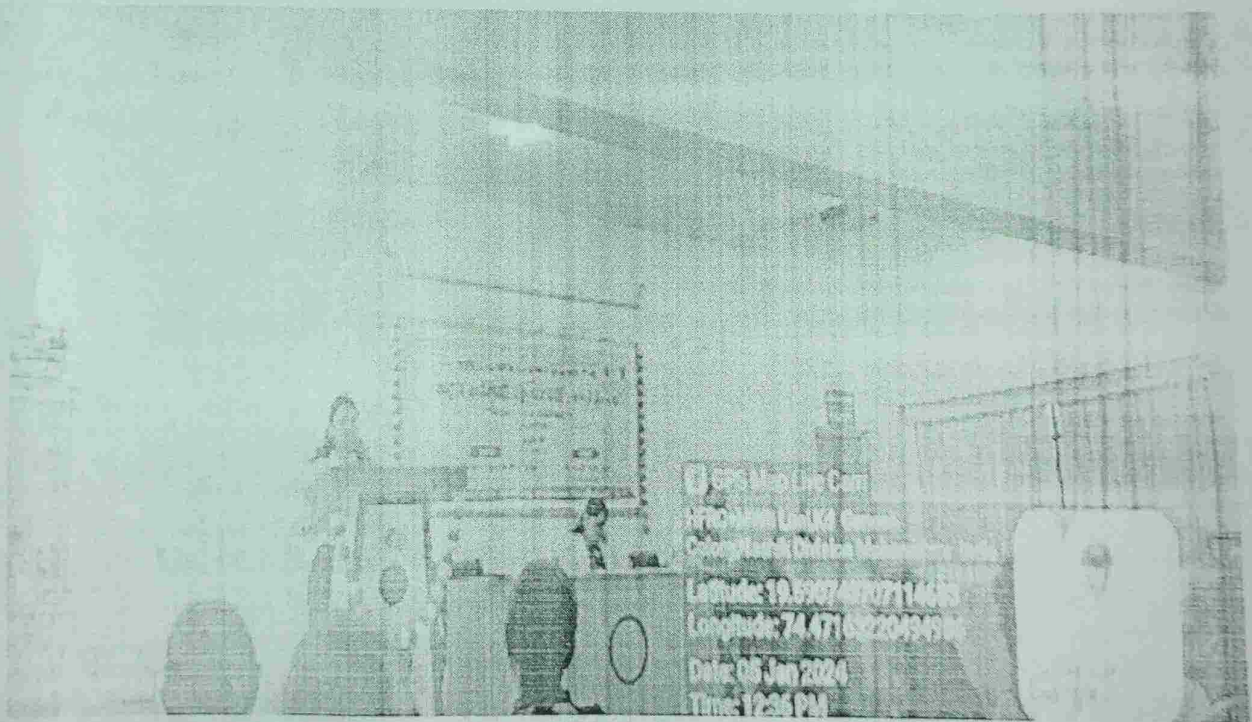
Number of Participants: 08

Name of Coordinator: Miss. S.L. Bornare





Inauguration Program





Winners of Competition



[Handwritten Signature]

PRINCIPAL
Pravara Rural College of Pharmacy
Pravara Nagar, Dist. Solapur-431006



PRINCIPAL

Date : 03/01/2024.

To
Principal,
Dr. S. B. Bhawar,
PRCOP, Loni.

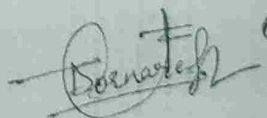
Subject: Request letter for participation of
UG & diploma of pharmacy girls in
Elocution Competition.

Respected Sir,

I Miss. Bornare Snehal Laxman kindly
request you to allow the girls of B Pharmacy
and D pharmacy for participating in elocution
competition held at Pravara Women's College of
Home Science and BCA on 5th of January.

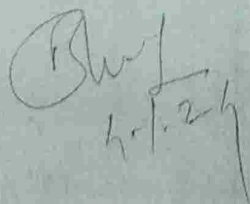
Around 10 girls from PRCOP college is
participating in the competition.

Hoping for positive response.

Yours Sincerely


Miss. S. L. Bornare.

To
SLO/S.L. Bornare
permitted


S.L. Bornare



दिनांक (2024-25)

2/02/2024

मा. प्राचार्य,
B. Pharm,
कोशी.

विषय : वक्तृत्व स्पर्धेबाबत

मा. महोदय,

वर्गेल विषयास अनुसरून आपणास विनंती करण्यात येते की, मा. शालिनीताई गधाकृष्ण विखे पाटील, माजी
अध्यक्षा, जिल्हा परिषद अहमदनगर यांच्या वाढदिवसानिमित्त या वर्षीपायुन राज्यस्तरीय आंतरमहाविद्यालयीन
"कर्तृत्व शालिनी वक्तृत्व स्पर्धा" दिनांक 05 जानेवारी 2024 आमच्या महाविद्यालयात आयोजित करणेत आढ.
या स्पर्धेत आपल्या कनिष्ठ व वरिष्ठ महाविद्यालयातील स्पर्धक सहभागी होण्यासाठी सहकार्य द्यावे ही विनंती.

आपली विश्वासू


प्रभारी प्राचार्या

संकेत : स्पर्धेचे माहितीपत्रक

Notice Board
Phy





PRAVARA RURAL EDUCATION SOCIETY'S
PRAVARA RURAL COLLEGE
OF PHARMACY
LONI

Date 21/02/2024

NOTICE

All the Students are hereby informed that the Nirbhaya Kanya
Abhiyan Programme is scheduled tomorrow at 10:00 am. Kindly be present
for the same in the Seminar Hall.

Principal

Pravara Rural College of Pharmacy
Pravaranagar, A/p. Loni- 413 736
(Dr. Sanjay Bhawar)



Principal

Pravara Rural College of Pharmacy
Pravaranagar, A/p. Loni- 413 736



PRAVARA RURAL EDUCATION SOCIETY'S
PRAVARA RURAL COLLEGE
OF PHARMACY
LONI

Date 21/02/2024

CIRCULAR

All the Staff are hereby informed that the Nirbhaya Kanya Abhiyan Programme is scheduled tomorrow at 10:00 am. Kindly be present for the same in the Seminar Hall.

Principal

Pravara Rural College of Pharmacy
Pravaranagar, A/p. Loni- 413 736
(Dr. Sahjay Bhawar)



Principal

Pravara Rural College of Pharmacy
Pravaranagar, A/p. Loni- 413 736





PRAVARA RURAL EDUCATION SOCIETY'S
PRAVARA RURAL COLLEGE
OF PHARMACY
LONI

Pravara Rural Education Society

**Pravara Rural College of Pharmacy
Pravaranagar**

&

Savitribai Phule Pune University

Organized

A Workshop on

NIRBHAYA KANYA ABHIYAN

22 February 2024

Inaugural function
At morning 10.00.am

Patrons

HonbleShri. Radhakrushna Vikhe Patil
Minister of revenue, Govt. of Maharashtra
(Chairman, Pravara Rural Education Society, Loni)

Convener

Dr. Sanjay B. Bhawar

Principal

Pravara Rural college of Pharmacy, Pravaranagar
A/P-Loni khurd- 413 713, Tal- Rahata, Dist- A.nagar

Coordinator:

Dr. Rohit J Bhor
Student Development Officer
PRCOP, Loni.

Principal

Pravara Rural College of Pharmacy
Pravaranagar, A/p. Loni- 413 736



Resource Person

1. Dr. Anushree Khaire

Principal; Women's College of Home Science and BCA

2. Mr. Prabhakar Shelke

Karate Master

Taekwondo Federation of India

Tal: Rahata; District: Ahmednagar

3. Mrs. Kaveri Dnyaneshwar Patole /Thete

MSc OBGY /Phd Scholar

Assistant Professor @Shrimati Sindhutai Ekanathrao Vikhe Patil College of Nursing Loni.

Program Schedule

Sr.No	Date	Name of Speaker	Time	Topic
1	22/02/2024	1. Dr. Anushree Khaire	10:00 AM to 11:00 AM	भावनिक सक्षमता महिलांसाठी महत्वाचे
2		Mr. Prabhakar Bhausaheb Shelke	11:00 AM to 12:00 PM	Motivation of Girls for self defense
		Tea and Break Fast	12:00 PM to 12:30 PM	
3		Mrs. Kaveri Dnyaneshwar Patole /Thete	12:30 PM to 01:30 PM	Women Health and Hygiene





PRAVARA RURAL COLLEGE
OF PHARMACY
LONI

A REPORT ON "NIRBHAY KANYA ABHIYAN"

Date: 22 February 2024.

Venue: Seminar Hall of Pravara Rural College of Pharmacy Loni

Time : 10:00 am-1:30 pm

Organized by:

PRAVARA RURAL COLLEGE OF PHARMACY, LONI

A/P:- LONI BK, TAL: RAHATA, DIST:- A.NAGAR, 413736




Principal
Pravara Rural College of Pharmacy
Pravaranagar, A/p. Loni-413736

Primary Objective of the Event:

1. To understand the importance of Emotional Competence in the life of Girls.
2. To develop the confidence and personality of a lady student
3. To develop a critical mind, self-confidence and a commitment to society.
4. The main objectives of this scheme includes development of self confidence how to defend one self in any situation, training in self defense and finally make them fearless and be ready to face any unwanted situation.

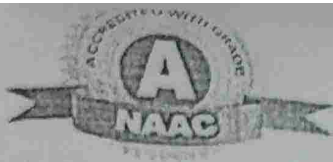
Details of the session:

The Nirbhay Kanya Abhiyan Programme was celebrated in the college. The event was hosted by Mrs. K.V.Dhamak. Principle Dr. Bhawar addressed the theme of the programme. The Guest speakers for the event were 1. Dr. Anushree Khaire Mam Principal Women's College of HOME Science and BCA 2. Mr. Prabhakar Bhausahab Shelke (Karate Master Taekwondo Federation of India and National referee) . 3. Mrs. Kaveri Dnyaneshwar Patole /Thete (MSc OBGY /Phd Scholar Assistant Professor @Shrimati Sindhutai Ekanathrao Vikhe Patil College of Nursing Loni. Independent Associate @Herbalife Nutrition India.)

Details of the Event:

1. The programme commenced with oil lighting ceremony.
2. Dr. Anushree Khaire Mam guided the girls on the topic Emotional





Competence and its importance in the life of girls. She explained the dimensions of emotional competence like self-awareness, self-regulation, motivation, empathy and social skills.

3. Mr. Prabhakar Shelke talked about self-defense of girls. He gave self-defense tricks to the girls. The girls eagerly learned about how to defend oneself in case of emergency. He also talked about health is wealth, the strength in girls. He encouraged the girls. He along with his partner gave demonstration to the girls.
4. Mrs. Kaveri Thete guided the students on the topic of Women Health and Hygiene. She explained the girls the importance of self-hygiene and the diseases associated with it. She also talked about Nutrition and diet, exercise its importance and PCUD. The girls participated in the interaction with the speaker.
5. Finally at the end Mrs Kavita Dhamak Incharge Women Empowerment cell gave the vote of thanks whole heartily

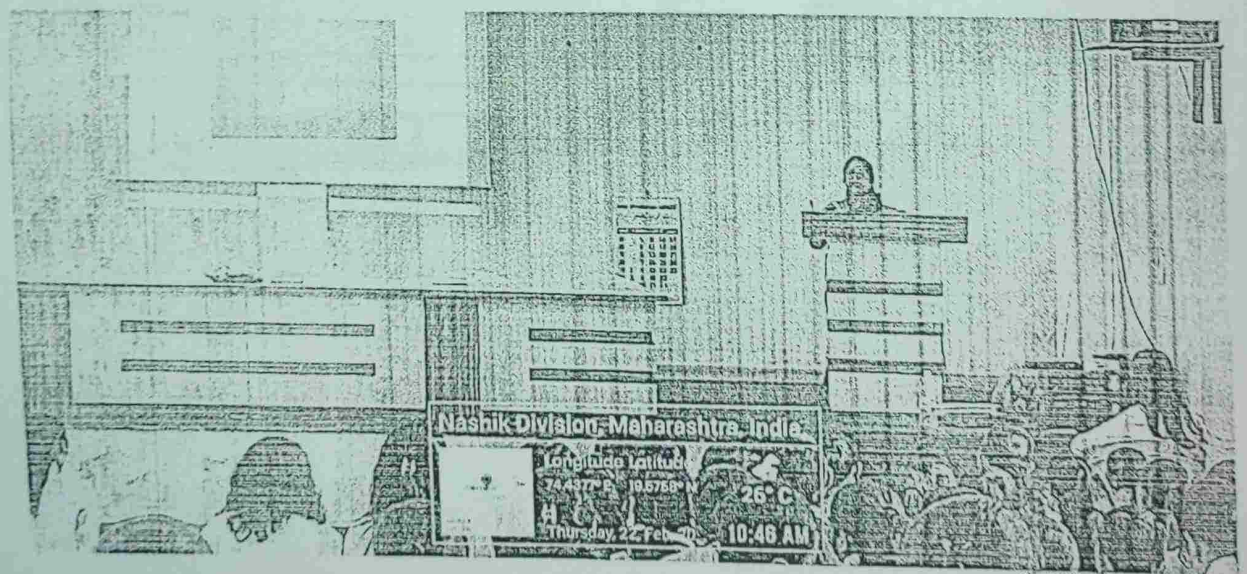
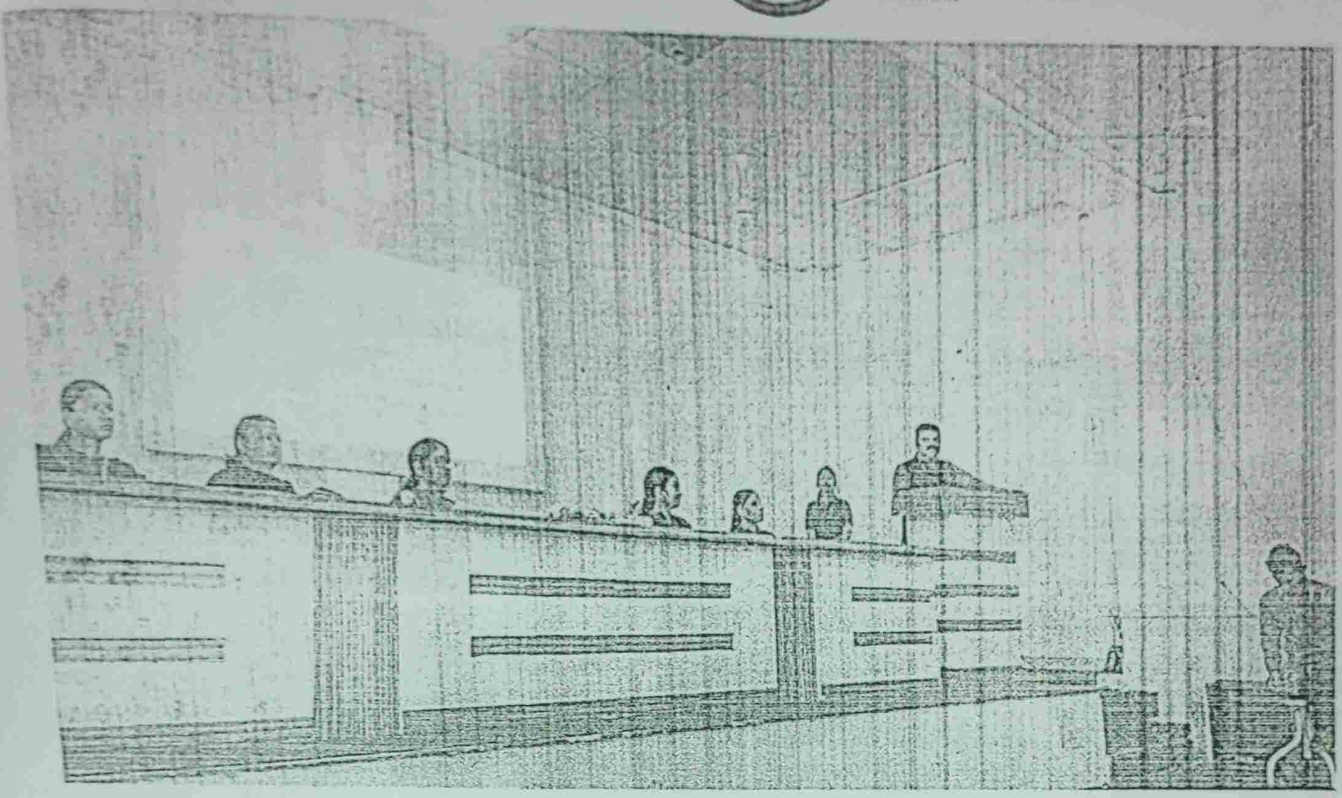
Metrics:

Number of students: 122 Girl students

Staff: 6

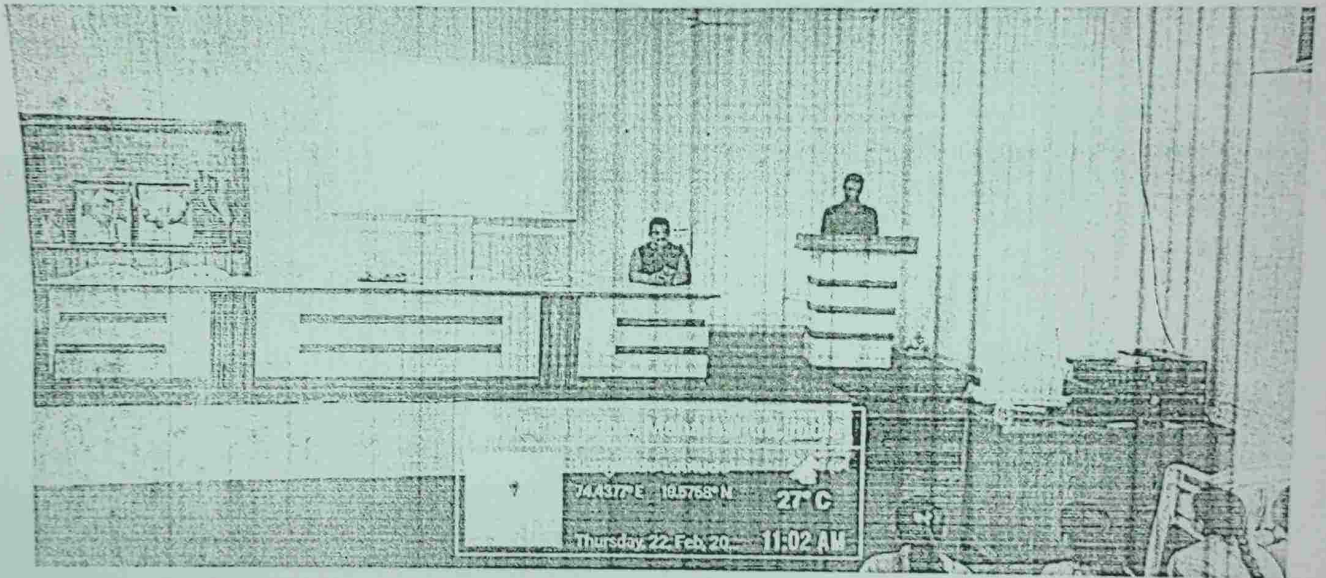
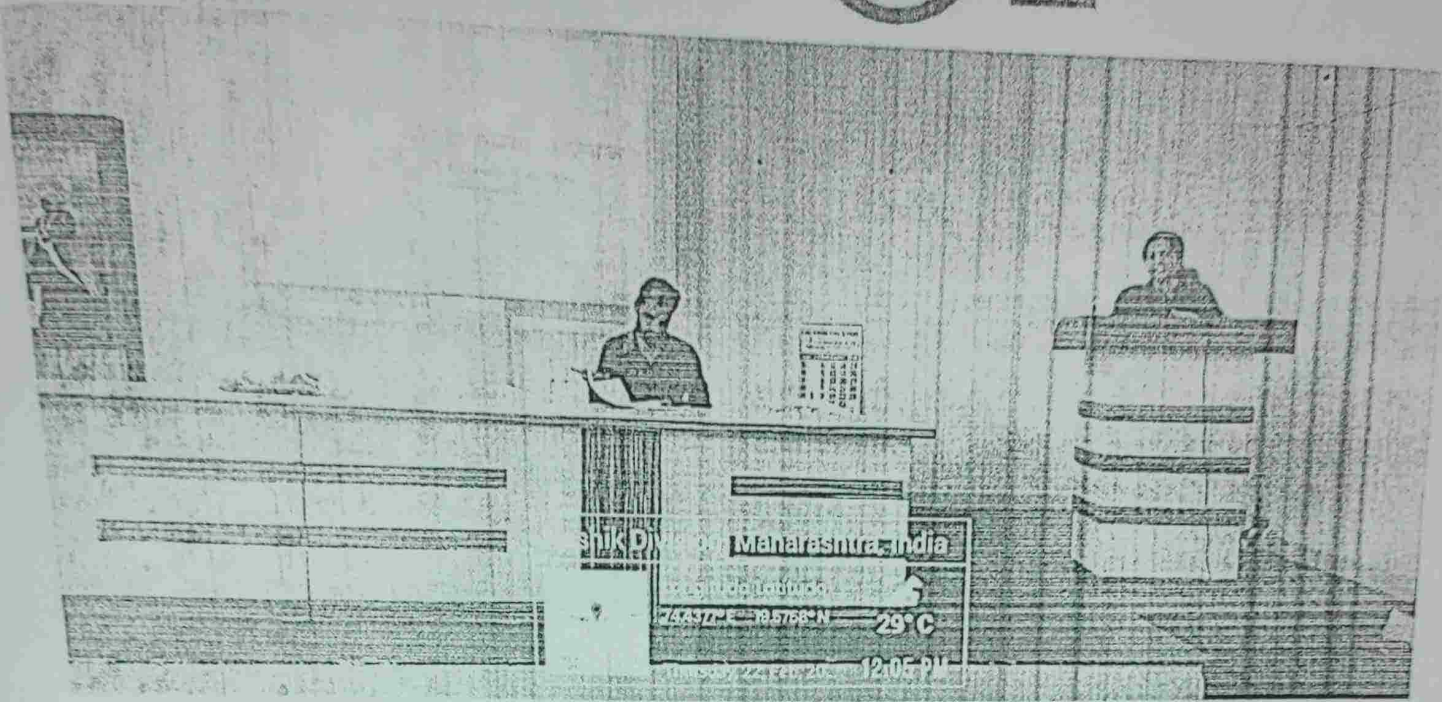
PHOTO GALLERY







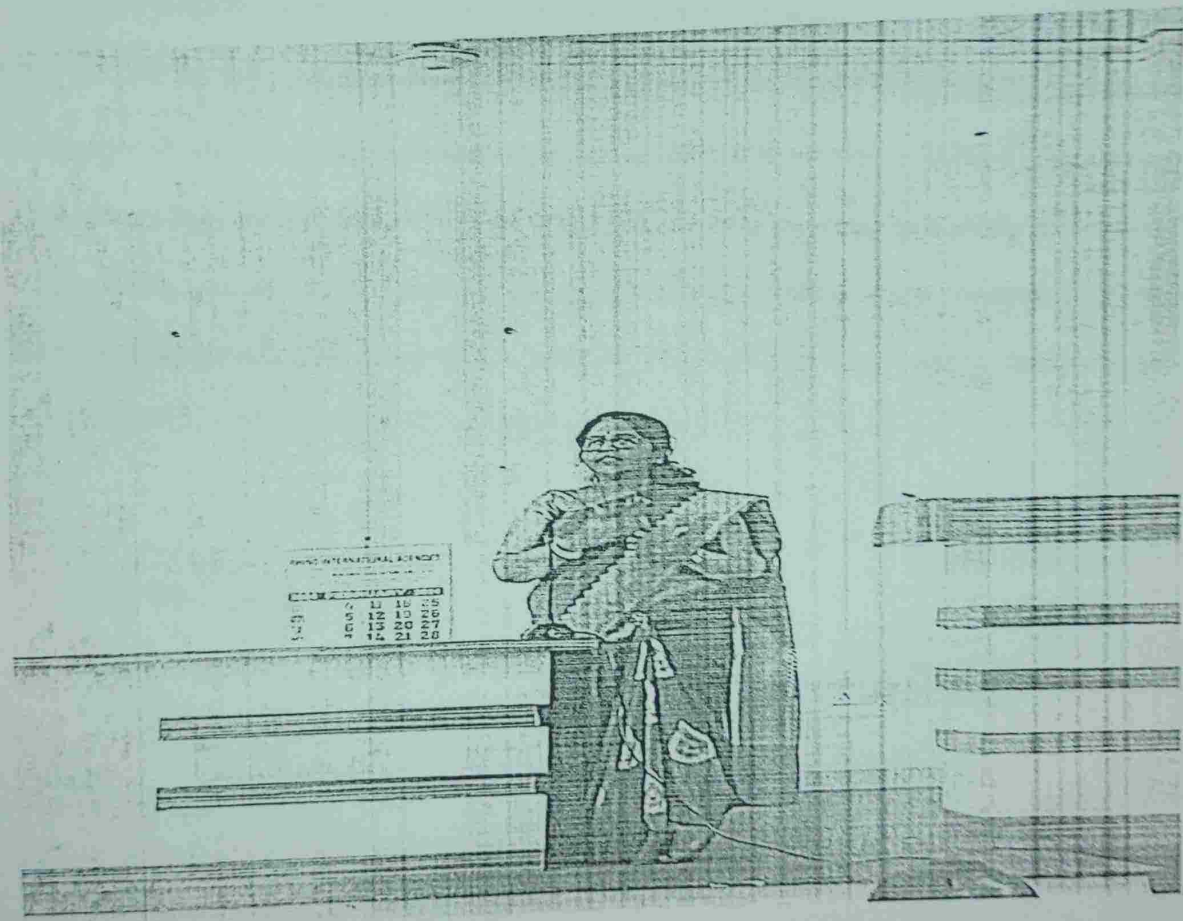
PRAVARA RURAL EDUCATION SOCIETY
PRAVARA RURAL COLLEGE
OF PHARMACY
LONI





PRAVARA RURAL COLLEGE
OF PHARMACY

101



WELCOME BY THE VICE CHANCELLOR

1	11	18	25
2	12	19	26
3	13	20	27
4	14	21	28




Pravara Rural Education Society's
Pravara Rural College of Pharmacy, Pravaranagar

Report on
Nirbhay Kanya Abhiyan 2023-2024

Savitribai Phule Pune University, Pune sanctioned a grant for year 2023-2024 under Nirbhay Kanya Abhiyan Program to our college. Total 03 expert lectures were organized for the students of Pharmacy. Arrangement for the lectures was made in the seminar hall for power point presentations. Total 122 students benefited with this Program .

Nirbhay Kanya Abhiyan Program really helped the students by improving their knowledge with various aspects related with them. They are going to achieve their education goals through this knowledge. We really appreciate the efforts taken by the university to organize these events for colleges. The university is routinely taking such efforts for students and releasing the grants for motivating the college to conduct such activity. We thank the Vice chancellor, Director Board of student's welfare and their staff members for helping us.

Dr. R.J.Bhor
Student Development Officer


Dr. Sanjay Bhawar
Principal
Pravara Rural College of Pharmacy
Pravaranagar, Ap. Lon- 413 736





PRAVARA RURAL EDUCATION SOCIETY'S
PRAVARA RURAL COLLEGE
OF PHARMACY

LONI

Date: 22/02/2024

SCHEDULE FOR WORKSHOP ON NIRBHAYA KANYA ABHIYAN 2023-2024

We have organized WORKSHOP ON NIRBHAYA KANYA ABHIYAN 2023-2024
to our Pharmacy Girl students. The Schedule was as follows;

Sr.No	Date	Name of Speaker	Time	Topic
1	22/02/2024	I.Dr.Anushree Khaire	10:00 AM to 11:00 AM	भावनिक सक्षमता महिलांसाठी महत्वाचे
2		Mr. Prabhakar Bhausahel Shelke	11:00 AM to 12:00 PM	Motivation of Girls for self defense
		Tea and Break Fast	12:00 PM to 12:30 PM	
3		Mrs. Kaveri Dnyaneshwar Patole /Thete	12:30 PM to 01: 30 PM	Women Health and Hygiene

Dr. R. J. Bhor

SDO



Dr. Sanjay Bhatnagar

Principal

Pravara Rural College of Pharmacy
Pravara Nagar, A/p. Loni- 413 736



PRAVARA RURAL EDUCATION SOCIETY'S
PRAVARA RURAL COLLEGE
OF PHARMACY

LONI

STATEMENT OF EXPENDITURE

Divyang program and Government Job opportunity of Divyang person

Sr.No.	Particulars	Quantity	Rate	Expenditure	Remark
1.	Expert Remuneration	03	1000	3000	
2.	Tea	120	05	600	
3.	Breakfast	120	10	1100	
4.	Plant for inauguration Mango plant	03	50	300	
Total				5000/-	

(Total Amount: Five thousand rupees only)

Dr. Rohit J Bhor

Student Development Officer

Dr. Sanjay B. Bhawar

Principal

Pravara Rural College of Pharmacy
Pravara Nagar, A/p. Loni- 413 736





PRAVARA RURAL EDUCATION SOCIETY'S
PRAVARA RURAL COLLEGE
OF PHARMACY
LONE

FEEDBACK FORM

Feedback for "Workshop on Nirbhay Kanya Abhiyan 2023-2024"

Please Tick if you satisfy with our guest speakers

Sr.no.	Name of Speaker	Very Good	Good	Average	Poor	Very Poor
1	Dr. Anushree Khaire	✓				
2	Mr. Prabhakar Shelke		✓			
3	Mrs. Kaveri Patole	✓				



PRAVARA RURAL EDUCATION SOCIETY'S
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PRAVARA RURAL EDUCATION SOCIETY'S
PRAVARA RURAL COLLEGE
OF PHARMACY
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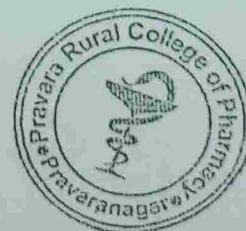
PRAVARA RURAL EDUCATION SOCIETY'S
PRAVARA RURAL COLLEGE
OF PHARMACY
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PRAVARA RURAL EDUCATION SOCIETY'S
PRAVARA RURAL COLLEGE
OF PHARMACY
YONI

FEEDBACK FORM

Feedback for "Workshop on Nirbhay Kanya Abhiyan 2023-2024"

Please Tick if you satisfy with our guest speakers

Sr.no.	Name of Speaker	Very Good	Good	Average	Poor	Very Poor
1	Dr. Anushree Khaire	<input checked="" type="checkbox"/>	<input type="checkbox"/>			
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3	Mrs. Kaveri Patole	<input checked="" type="checkbox"/>	<input type="checkbox"/>			



PRAVARA RURAL EDUCATION SOCIETY'S
PRAVARA RURAL COLLEGE
OF PHARMACY
YONI

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3	Mrs. Kaveri Patole	<input checked="" type="checkbox"/>	<input type="checkbox"/>			





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2	Mr. Prabhakar Shelke		✓			
3	Mrs. Kaveri Patole	✓				





PRAVARA RURAL EDUCATION SOCIETY'S
PRAVARA RURAL COLLEGE
OF PHARMACY
LONI

Academic Year 2023-2024

EVENT: ...Nirbhay... Kanya... Abhiyaan... 2023-2024

ATTENDANCE REPORT

Date: 22/02/24

Sr No.	Name of Student	Class	Sign
1.	Prajwal Warghede	S.Y. PharmD	
2.	Apoorvaar Shaikh	S.Y. PharmD	
3.	Krupa Bhalerao	S.Y. PharmD	
4.	Abhinaya V Iya	S.Y. PharmD	
5.	Lishav Prasant Tiwai	S.Y. PharmD	
6.	Ankita P. Jadhav	S.Y. PharmD	
7.	Nazmeen Salim Shaikh	S.Y. PharmD	
8.	Tamnoon Bhaiyya Shaikh	S.Y. PharmD	
9.	Ritika Yogesh J Khade	S.Y. PharmD	
10.	Shinde Pratiksha C.	S.Y. PharmD	
11.	Ayesha pinjari . A	S.Y. PharmD	
12.	Sakshi Avinash Gaikwad	F.Y. PharmD	
13.	Khan Zeba Salim	F.Y. PharmD	
14.	Medge Vijanti Ashok	F.Y. M. Pharm	
15.	Bora Neha shyam	F.Y. M. Pharm	
16.	Pawar Sakshi Suhas	F.Y. PharmD	
17.	Honde Sayali Shankar	S.Y. PharmD	
18.	Chaudhari Pooja	S.Y. PharmD	
19.	Dhenge Vaishnavi Sandip	S.Y. PharmD	
20.	Ghorpade Tunam Sanjay	S.Y. PharmD	
21.	Ahote Tejal Kailas	S.Y. PharmD	
22.	Sheuti Sanjay Kshirsagar	F.Y. PharmD	
23.	Dhanashree Lahanu Shinde	F.Y. PharmD	
24.	Pansare Akanksha Dattafaraya	T.Y.B. Pharm	
25.	Nibe Vaishnavi Sapan	T.Y.B. Pharm	
26.	Shinde Pooja Dilip	T.Y.B. Pharm	
27.	Dighe Kajal Manik	T.Y.B. Pharm	
28.	Bachha Poojati Ashok	T.Y.B. Pharm	





PRAVARA RURAL EDUCATION SOCIETY'S
PRAVARA RURAL COLLEGE
OF PHARMACY
LONI

Academic Year 2023-2024

EVENT: Nirbhay Kanya Abhiyan 2023-24

ATTENDANCE REPORT

Date:

Sr No.	Name of Student	Class	Sign
29	Gaikwad Urmila Suwayji	T.Y.B. Pharm	Urmila
30	Ashwale Vaishali Kisan	T.Y.B. Pharm	Vaishali
31	Nemade Surabhi Devendra	F.Y. Ph.D	Surabhi
32	Mokale Gayatri Chandrashekhar	F.Y. Ph.D	Gayatri
33	Tambe Sakshi Babasaheb	F.Y. Ph.D	Sakshi
34	Nandini Vitthal Kumbhar	T.Y.B. Ph	Nandini
35	Mayuri Navnath Jangale	T.Y.B. Ph	Mayuri
36	Swamini Gorakshnath Dumbre	T.Y.B. Ph	Swamini
37	Asunde Gayatri Shebrazo	T.Y.B. Ph	Gayatri
38	Kate Swapnali Sunjay	T.Y.B. Pharm	Swapnali
39	Mate Tejaswini Varant	T.Y.B.	Tejaswini
40	Wathe Sakshi Khanderao	T.Y.B. Pharm	Sakshi
41	Pawar Anjali Mukund	T.Y.B. Pharm	Anjali
42	Nikumbh Asmita Manoj	T.Y.B. Pharm	Asmita
43	Jandhade Rutuja Shirish	S.Y. B. Pharm	Rutuja
44	Potphade Vaishnavi Dnyaneshwar	F.Y. B. Ph.	Vaishnavi
45	Ekam Gayatri Sukhdev	F.Y. B. Ph.	Gayatri
46	Rhusal Ruchita Ashok	T.Y.B. Ph.	Ruchita
47	Khobare Vaishnavi Sardip	S.Y. D. Pharm	Vaishnavi
48	Bhawar Megha Navanath	S.Y. D. Pharm	Megha
49	Argade Rutuja Sampat	S.Y. D. Pharm	Rutuja
50	Vikhe Vaishnavi P	T.Y. B. Pharm	Vaishnavi
51	Jandhale Nitya M	T.Y. B. Pharm	Nitya
52	Jandhale Tejal Anuraj	T.Y. B. Pharm	Tejal
53	Gore Aarti Somnath	T.Y. B. Pharm	Aarti
54	Mulay Sakshi Uttam	T.Y. B. Pharm	Sakshi
55	Shinde Samruddhi Rajendra	S.Y. B. Pharm	Shinde
56	Patil Bhakti	S.Y. B. Pharm	Patil

57) Paghal Pooja Appasaheb

S.Y. D. Pharm

Paghal

58) Dhale Akanksha Anil

S.Y. D. Pharm

Dhale

59) Tarate Pratiksha

S.Y. D. Pharm

Tarate





PRAVARA RURAL EDUCATION SOCIETY'S
PRAVARA RURAL COLLEGE
OF PHARMACY
LONI

Academic Year 2023-2024

EVENT: Hirbhoy Kanya Abhiyan 2023-24

ATTENDANCE REPORT

Date:

Sr No.	Name of Student	Class	Sign
29)	Sapte Sakshi Chandrakant	S.Y.B.	Sapte
30)	Gunjai Vaishnavi Ashok	54B	Gunjai
31)	Shelke Apurva Balasaheb	54B	Shelke
32)	Bhendekar Sushmita Anil	54B	Sushmita
33)	Sarika Sanjay Kadam	54B	Sarika
34)	Chabukswar Riya Dilip	54B	Riya
35)	Chaudhari Arti Baban	54B	Chaudhari
36)	Saindar smushti vasant	54B	Saindar
37)	Chide Vaibhavi Sanjay	54B	Chide
38)	Varade shruti Ashok	S.Y.B	Varade
39)	Papjwani Jami Rom	54B	Papjwani
40)	Hajare Jyoti Anayabapu	S.Y.B	Hajare
41)	Pelave pallavi Dilip	S.Y.B	Pallavi
42)	Khopade Tanuja Tukaram	54B	Tanuja
43)	Khairnar sayali sham	54B	Sayali
44)	Kherade Siddhi Prakash	54B	Siddhi
45)	Navgire vaishnavi Nandkumar	54B	Navgire
46)	Morathe Kajal Sampat	S.Y.B	Morathe
47)	Pawar Ankita Rajendra	S.Y.B	Pawar
48)	Shinde Aditi Hemishchandra	S.Y.B	Shinde
49)	Khemnar Kanchan Raghaji	S.Y.B	Khemnar
50)	Bhosale pradnya Anil	S.Y.B	Pradnya
51)	Badhak Snehal Anil	S.Y.B	Badhak
52)	Mengal Ashvini Balasaheb	54B	Mengal
53)	Wagh Mayuri Bhausaheb	54B	Wagh
54)	Kale Kalyani Sanjay	54B	Kale
55)	Palve Vaishnavi Machhindra	54B	Palve
56)	Zite Sonali Laxman	54B	Zite

- 57) Joshi Rutuja Satish F.Y.B.Pharm Rutuja
58) Sonavane Shreya Adik F.Y.B.Pharm Shreya
59) Kuldharan Pallavi Sanjay F.Y.B.Pharm Pallavi
60) Parvat Ashvini Punja S.Y.B.Pharm Parvat
61) Chandagale Sayli Anand S.Y.B.Pharm Sayli
62) Gawali Harshaada Ramdas S.Y.B.Pharm Harshaada





Academic Year 2023-2024

EVENT: ...Nirbhay...kanya...Abhyas...2023-2024

ATTENDANCE REPORT

Date:

Sr No.	Name of Student	Class	Sign
1)	Gradekar Sanjay	S.Y.B	[Signature]
2)	Dhokane Chaitali Babasaheb	S.Y.B	[Signature]
3)	Khavde Pratik Sanjay	S.Y.B	[Signature]
4)	Chavan Sakshi Kondharam	S.Y.B	[Signature]
5)	Bacode Manoj Sanjay	S.Y.B	[Signature]
6)	Lahamare Samiksha Navnath	F.Y.B	[Signature]
7)	Vilhe Vaishnavi Chandrashekhar	F.Y.B	[Signature]
8)	Shelke Kirti Dattaram	F.Y.B	[Signature]
9)	Gire Nishikanta Kumpusaul	S.Y.B	[Signature]
10)	Gawale Sanika Dadasaheb	S.Y.B	[Signature]
11)	Palave Vaishali Namdeo	F.Y.B	[Signature]
12)	Muntode Mural Janardhan	F.Y.B	[Signature]
13)	Jadhav Divya Raasaheb	F.Y.B	[Signature]
14)	Tondhale Snehal Ramraj	F.Y.B	[Signature]
15)	Ghyge Prajakta Navnath	F.Y.B	[Signature]
16)	Nirmal Vaishnavi Nanasaheb	S.Y.B	[Signature]
17)	Darwadale Gauri Shivaji	S.Y.B	[Signature]
18)	Vadav Prachi Annasaheb	S.Y.B	[Signature]
19)	Bhalerao Sanjana Raju	S.Y.B	[Signature]
20)	Dhawale Arti Ashok	F.Y.B	[Signature]
21)	Lavare Pallavi Karlos	F.Y.B	[Signature]
22)	Bacode Sanika Ajit	F.Y.B	[Signature]
23)	Tambe Rupali Nanasaheb	F.Y.B	[Signature]
24)	Kadam Sakshi Utlam	S.Y.B	[Signature]
25)	Jadhav Teepi Annasaheb	S.Y.B	[Signature]
26)	Cholke Samiksha Deepak	S.Y.D	[Signature]
27)	Thele Sayali Sanjay	S.Y.B	[Signature]
28)	Musmade Aditi Kisan	S.Y.B	[Signature]

- 29) Kanse Sakshi Santosh S.Y.D [Signature]
- 30) Chavan Pooja Sunesh S.Y.D [Signature]
- 31) Vaidya Pranika Karbhari S.Y.D [Signature]
- 32) Bhayawat Dimpal Arjendra [Signature]
- 33) Lende Vaishnavi Balu S.Y.D [Signature]
- 34) Dilhe Nikita Gaoaksharath S.Y.D [Signature]
- 35) Pushing Pratiksha Sanjay [Signature]



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PRAVARA RURAL EDUCATION SOCIETY'S
PRAVARA RURAL COLLEGE
OF PHARMACY
LONI

Date: 7/03/2024

Student Notice

“Greeting of International Women’s Day.”

Tomorrow, **8 th March** on the occasion of international women’s day lets join the online session of **EmpowHer Mind – Mental Strength for Mordern women** at tomorrow **7 pm** and take maximum benefit of it .


All the girls students are hereby inform that to join the online session the details of session are provided on what’s app group.

Date: 8/03/2024

Time: 7 pm- 8 pm

Topic: EmpowHer Mind – Mental Strength for Mordern women




Principal

Principal
Pravara Rural College of Pharmacy
Pravaranagar, Tal. Rahata, Dist. Ahmednagar.



PRAVARA RURAL EDUCATION SOCIETY'S
PRAVARA RURAL COLLEGE
OF PHARMACY
LONI

Date: 7/03/2024

Staff Circular

“Greeting of International Women’s Day.”

Tomorrow, **8 th March** on the occasion of international women’s day lets join the online session of **EmpowHer Mind – Mental Strength for Mordern women** at tomorrow **7 pm** and take maximum benefit of it .


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Principal

f
Principal
Pravara Rural College of Pharmacy
Pravaranagar, Tal. Rahata, Dist. Ahmednagar



PRAVARA RURAL EDUCATION SOCIETY'S
PRAVARA RURAL COLLEGE
OF PHARMACY
LONI

A REPORT ON

"A SEMINAR ON 'EMPOWER HER MIND- MENTAL STRENGTH
FOR MODERN WOMEN ON THE OCCASION OF
INTERNATIONAL WOMEN'S DAY"

Date :8 March 2024.

Mode: Online

Time : 7:00-8:00 pm

Organized by:

PRAVARA RURAL COLLEGE OF PHARMACY, LONI

A/P:- LONI BK, TAL: RAHATA, DIST:- A.NAGAR,413736




Principal

Pravara Rural College of Pharmacy
Pravaranagar, Tal. Rahata, Dist. Ahmednagar



Objective of Seminar

To let women realize and aware her to prioritize her wellbeing and overwhelm in her life.

To let women feel better equipped to have more balance in her life, and to maintain Happy, Healthy and Loving Relationships.

- On the Occasion of International Women;s Day the free online session was conducted by Mrs.Nilima Dungarwal.
- The girls from all the Pharmacy Classes participated in this inspirational lecture.
- Mrs. Nilima explored various challenges faced by Modern Women Today and also discussed about the tools and techniques to overcome those challenges.
- She told about how to manage stress in order to thrive more at Home and Workplace.
- She encouraged the women saying that there are huge opportunities for women to step into their power as leaders in their home-life and in their work-life.
- Mrs. Nilima guided on the fundamentals of good mental Health that supports you as a women to feel better and flourish at work and home.
- She also discussed that the societal expectations and the pressure of modern day living, play an important role in mental wellbeing. For women some of the expectations about how a women should behave including so called traditional feminine roles have a negative impact on their mental health.
- Mrs. Nilima further added the importance of Mental Health to help you keep calm,efficient in tough times and manage your emotions. She focused on boosting Psychological Wellbeing. She told the ladies to focus on what brings them joy and peace. As this brings the positive energy and helps women to be mentally fit.
- She told about some of the activities like meditation, embracing you emotions, Practice of self love, taking a break from the routine for





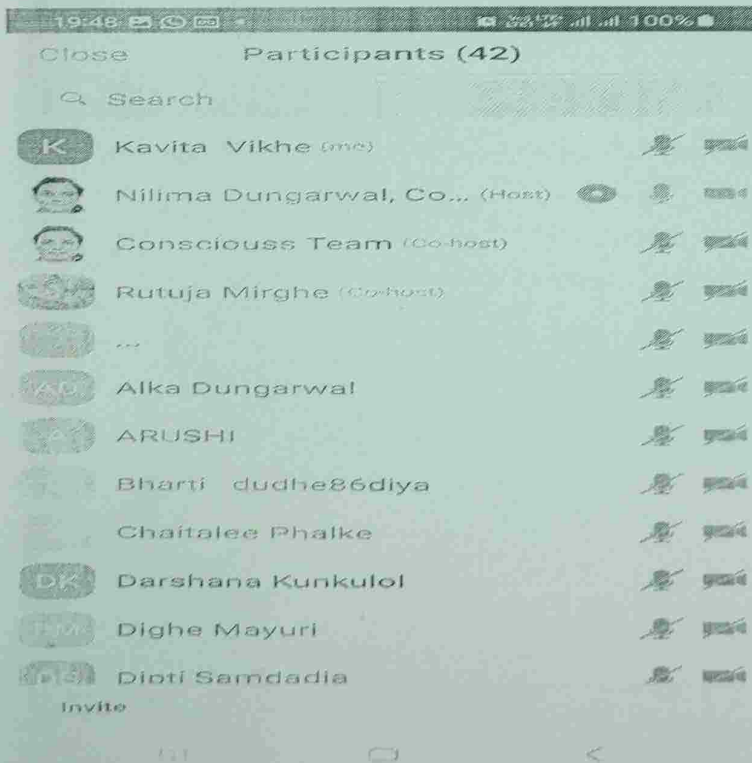
surrounding change, fresh energy, listening to music, reading a book, walking in a garden /park, physical exercise , workout etc. She advised te girls and the ladies to give yourself time to unwind regularly to reduce stress and anxiety.

- Keep the Mental and Physical well-being on the top priority to bring more confidence and happiness.
- After the session feedback were taken for everyone.

Metrics:

Number of students: 42 students

PHOTO GALLERY





PRAVARA RURAL EDUCATION SOCIETY'S
 PRAVARA RURAL COLLEGE
 OF PHARMACY
 LONI

19:53 [Icons] VoD LTE+ 99%

Close Meeting Chat [Bell icon]

19:50

Rutuja Mirghe to Everyone



<https://forms.gle/w7PcYDsHyBJZqbZt8>



Send to: Nilima Dungarwal, Consciouss....

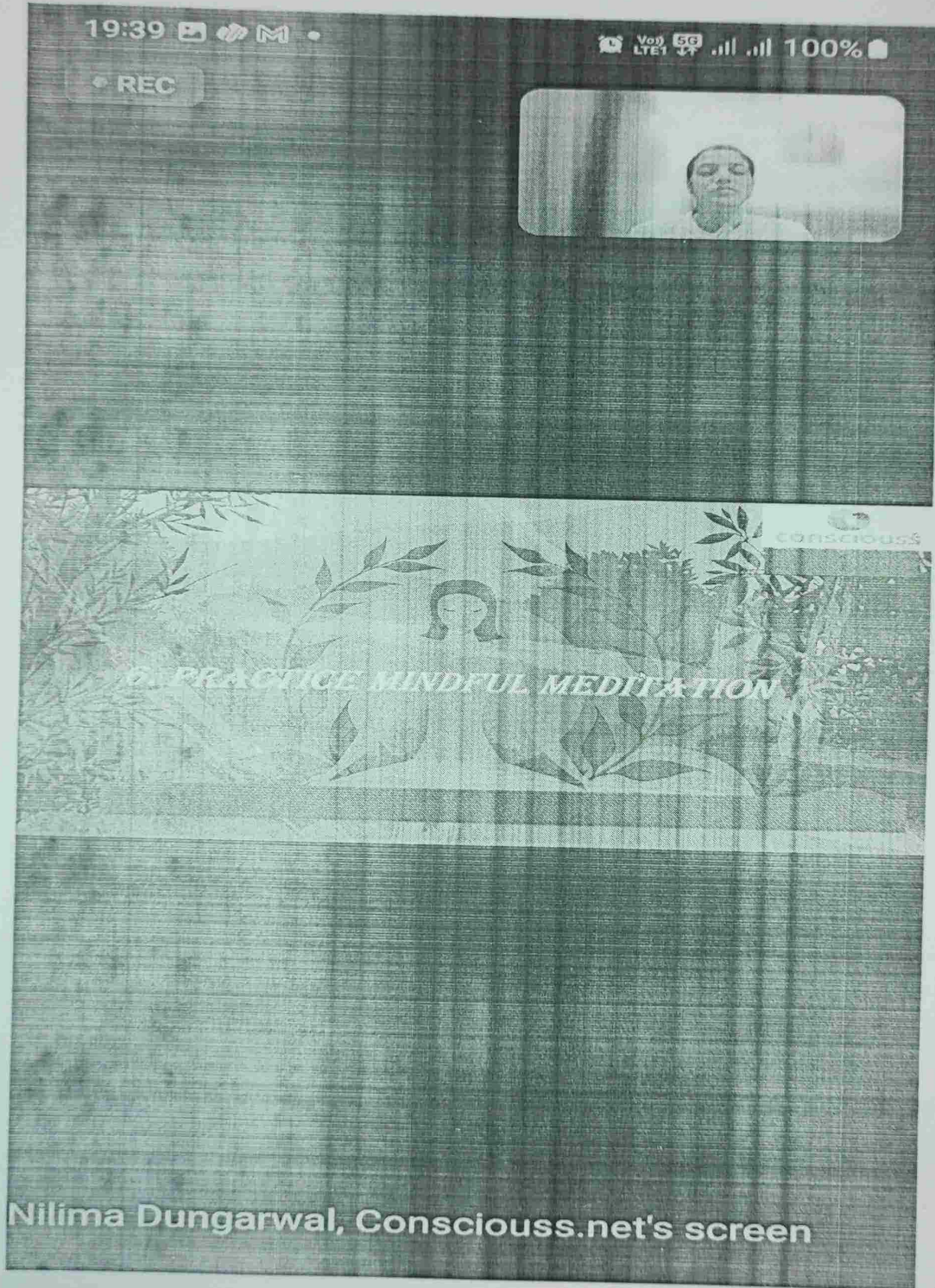
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Nilima Dungarwal, Consciouss.net's screen





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SUMMARY

1. GET IT GO
2. DISTENSION TECHNIQUES
3. HEALTHY DISCUSSION PLAN
4. RESPECTFUL CLASSIFIED
5. DEEP BREATHING



Mentally Stressed? Let's Talk..



Research shows:

- Women are 2x more likely to be depressed (National Library of Medicine)
- Women are 7-8x prone to anxiety (National Institute of Mental Health)

Let's tackle this together. We are bringing you
Let's Talk with friend!
Virtual Session for the Modern Woman
A Power Packed Mind Management Session.



When: Friday, March 8th @ 7 pm (Women's Day)

Where: Live on Zoom

Your Friend & Coach



Nilima Dungarwal

- Certified Emotional & Mental Health Counsellor and Mindfulness Coach
- M.Pharm (BITS Pilani) & German Language Trainer
- Co-founder, Conscious & Shoonya



FREE Registration

For any queries, feel free to get in touch: +91 91757 03900
#ConsciousCaresForYou

